

OCCUPATIONAL THERAPY AND POSTTRAUMATIC STRESS DISORDER (PTSD): A SCOPING REVIEW

WHY WAS THE STUDY DONE



The purpose of this study was to identify and describe the ways occupational therapy addresses PTSD in clinical practice.

PTSD can impact **QUALITY OF LIFE**



Occupational Therapists can help people with PTSD.



WHAT WAS DONE IN THE STUDY



Existing occupational therapy research was examined. 50 research articles were found that were relevant to occupational therapy and PTSD.

WHAT WE FOUND: 3 THEMES

- Recognizing trauma within specific populations (military/veterans, adults, hand injuries)
- The impact of PTSD on a range of occupations (sleep, work, maintaining relationships)
- Occupational therapy's response to PTSD (focus on occupational performance)



NEXT STEPS

ADDRESS TRAUMA IN GENERAL POPULATION WHO USE OT SERVICES

STUDY THE EFFICACY OF OCCUPATIONAL THERAPY INTERVENTIONS FOR PTSD

This information can help inform health service delivery, assessment, and treatment approaches both within the occupational therapy field and when collaborating with other health care professionals