



On-Line to Success (OLTS)



Dear Student and Parent/Guardian,

Thank you for your interest in the **On-Line to Success (OLTS)** program. The following is an information letter regarding the program, its intent, the course schedule, and curriculum. OLTS is a transition program for Grade 12 students in Kingston and the surrounding area with learning disabilities, ADHD, ASD, and/or mental health disorders. The program is run by the Regional Assessment and Resource Centre at Queen's University and is fully funded by the Ministry of Colleges and Universities. There is no cost for the course.

To be eligible for the OLTS program, students must meet the below criteria:

- Be in Grade 12 (or doing additional year)
- Planning to attend a degree or diploma granting program at post-secondary
- Have impairments in accessing the curriculum without academic accommodations
- Be diagnosed with a learning disability, ADHD, ASD, and/or a mental health disorder

Complete registrations include:

- Registration Form
- Current IEP
- Transcript
- If applicable, psychoeducational assessment

Course Curriculum

The OLTS curriculum is grounded in research conducted by the Learning Opportunities Task Force (commissioned by the Gov't of Ontario). This study showed that success for students with learning disabilities at post-secondary is maximized by participating in targeted transition training to address areas that research has shown are problematic for students with learning disabilities.

The course has evolved over the past twenty years to include students with ADHD, ASD and/or mental health disorders as they make the transition to post-secondary education. Course activities include topics such as: identifying your strengths and challenges, understanding your learning profile, time management, stress management, self-advocacy, and navigating the Accessibility Office.

The program is developed and delivered by trained and experienced educators, in consultation with psychologists from RARC.

Upon completion of all course work, students will have the opportunity to sign up for a consultation with one of our psychologists to review their current documentation and discuss next steps for connecting with Accessibility Services at their post-secondary school for accommodations and other available resources.

Course Schedule

Opening Day: Students attend one full day course overview and orientation session held on Queen's campus. Lunch is provided.	Friday, February 7, 2025
On-Line Modules: Students complete the online course work. The course consists of online modules to work through. It is expected to take about 48 hours to complete.	Begins on Opening Day through June 2025
Consultation: Upon completion of all modules, students will have the opportunity to meet virtually with a RARC psychologist to review current documentation and get advice on connecting with Accessibility Services and other resources at their post-secondary institution. There is no cost for this consultation. Please note: this is <u>not</u> an assessment.	Schedule upon completion of all modules (optional)

Psychoeducational Assessments

The Regional Assessment and Resource Centre (RARC) can provide students with learning disabilities, ADHD, and/or ASD who are enrolled in the OLTS program with an updated psychoeducational assessment. Up to date documentation is required for all students to access accommodations at college and university. Students must first be accepted to a post-secondary institution before the assessment can be completed. The current fee structure for a psychoeducational assessment is currently set at \$2,800-3,200. There are bursaries available through OSAP that may be able to cover this cost.

If you are interested in participating in OLTS, please complete the registration form (available from your Resource/Guidance teacher or online at www.queensu.ca/rarc) and submit it to your Resource/Guidance teacher. **The deadline for registration is Friday, December 6, 2024.** Should you have any questions or concerns about the program, please visit our website or contact the program coordinator.

Sincerely,



Gillian Goldsmith
OLTS Program Coordinator
Regional Assessment and Resource Centre, Queen's University
Email: olts@queensu.ca
Website: www.queensu.ca/rarc



On-Line to Success (OLTS) Registration Form



The OLTS program is geared towards students with learning disabilities, ADHD, ASD and/or mental health disorders.

Students registering for the OLTS Program should meet the following criteria below:

- Be in Grade 12 (or doing additional year)
- Planning to attend a degree or diploma granting program at post-secondary
- Have impairments in accessing the curriculum without academic accommodations
- Be diagnosed with a learning disability, ADHD, ASD and/or a mental health disorder

Required Documentation:

- Registration Form
- Transcript
- Current IEP
- If applicable, psychoeducational assessment

First Name: _____ Last Name: _____

Gender: _____ Pronouns: _____ Date of Birth: _____ Current Grade: _____

School: _____ School Board: _____

Address: _____
(House/Apartment Number and Street Name) (City/Town) (Postal Code)

Student Phone Number: _____ Student Email: _____

Preferred Contact (*for registration and course information and updates*): Phone Email

The post-secondary school(s) I have applied to/plan to attend: _____

Year starting post-secondary: 2025 2026 Unsure

Have you been diagnosed with a disability or disorder? Please check all appropriate boxes below:

	Diagnosed	Year/Grade of Diagnosis
Learning Disability		
ADHD		
Autism Spectrum Disorder		
Depression		
Anxiety		
Other:		
Other:		

Did you participate in the STEPS Transitions Program at RARC, Queen's University?

- Yes No



On-Line to Success (OLTS)
Registration Form



Parent/Guardian

Name(s): _____

Phone Number: _____ Home Cell Work

Email: _____

Preferred Contact (*for registration and course information and updates*): Phone Email

Consent

I support my participation (or my child's participation) in the OLTS program for 2025. I understand that:

- Copies of my (or my child's) current IEP, transcript, and most recent psychoeducational assessment will be photocopied by resource staff and attached to this application;
- We may periodically contact the school resource teacher to update them on your (or your child's) progress throughout the course;
- I (or my child) will be required to attend Opening Day on **Friday, February 7, 2025**;
- Once I (or my child) has enrolled in a post-secondary institution and completed and passed the online modules, I (or they) will be eligible for an updated psychoeducational assessment, if applicable.

Parent/Guardian Signature (*if student is under 18*): _____ Date: _____

Student Signature: _____ Date: _____

Contact the Transitions Coordinator at olts@queensu.ca with any questions.

For Resource/Guidance Teachers:

Please submit this registration form to the Regional Assessment and Resource Centre **along with copies of the student's current IEP, transcript and most recent psychoeducational assessment (if applicable)**. Submit registration forms by email (olts@queensu.ca), fax, or regular mail or courier. Packages can be dropped off in-person during office hours (Monday – Thursday from 9am – 12pm or 1pm – 4pm). Over the course of the OLTS program, we may need to contact you periodically to update you on the status of the registrations.

Resource Teacher: _____ Phone Number: _____

Email: _____

Submit applications to: Email: olts@queensu.ca Fax: 613-533-6564

Mail/Courier/Drop-Off: Transitions Coordinator
RARC, Queen's University
Mackintosh-Corry Hall, Room B100
68 University Avenue
Kingston, ON K7L 3N6