Department of Psychology
Weekly eNewsletter

RESOURCES

- Academic Advising
- Important Deadlines
- Psychology Departmental Volunteer Opportunities
- Psychology Departmental Deadlines/Events/Opportunities
- Community Events and Opportunities of Interest
- QUIP
- Student Resources

ACADEMIC ADVISING

- **Happening Friday, Dec 6! UGChat!**
  Meet with Dr. Norris, Undergraduate Chair and chat about your academic plan, career options and general questions. See dates and more information under PSYC Dept. Opportunities below.

IMPORTANT DEADLINES:

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<th>November / December 2019</th>
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<td>Nov 29</td>
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<td>Dec 4-19</td>
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Career Workshops

Check out this workshop with Careers!

Outreach workshop - Don Applicants: Preparing your Resume and Cover Letter

Wednesday November 27th from 3:30pm-5:00pm

Check locations and sign up in MyCareer.

Student Academic Success Services (SASS)

EXAMS ARE COMING UP – SASS OFFERS HELP TO PREPARE - HTTP://SASS.QUEENSU.CA/EVENTS/

GET IT DONE! Join us all day for a festival of effective studying! Peer and pro staff will be on hand to help you complete assignments, write papers, start prepping for exams, or work on anything else you need help with. Snacks and drinks provided!

Sunday, November 24 @ 12:00 pm - 7:00 pm at Ban Righ Dining Hall - free

Exams are coming up, so now is the time to start thinking about preparing. How do you memorize and understand texts, sources, classes and other readings in order to get ready to write a great essay in an exam? We’ll show you how.

- **ESSAY EXAM SUCCESS**
  Tuesday, November 26 @ 5:30 pm - 6:30 pm at Stauffer Library, Room 121

Are multiple choice exams really about memorizing the entire textbook? Or is there a better way? We’ll show you how to save time, prep more thoroughly, and finish your semester on a high!

- **MULTIPLE CHOICE EXAM SUCCESS**
  Wednesday, November 27 @ 2:30 pm - 3:30 pm at Stauffer Library, Room 121
PSYCHOLOGY DEPARTMENTAL DEADLINES/EVENTS/OPPORTUNITIES

New this Fall UGChat!

Are you looking for general guidance, an opportunity to chat with an academic advisor and/or peers, or a chance to talk generally about your academic plan and career options? This is a session for you!

Happening Fridays from 1-2pm throughout the fall and winter terms, drop into one of our brand new active-learning classrooms for active academic advising. Dr. Norris, Undergraduate Chair in Psychology, will be in Humphrey 223 to help with general questions about plans, to walk you through how to run your Academic Advisement Report, to point out career considerations, and to highlight opportunities on campus that match with your interests and goals. This is a group drop-in session with the goal of equipping students with information that is of interest to them in an informal and helpful way, and building connections among our students. There is no formal agenda, just bring your laptop and questions!

Upcoming Dates:

November 22 and December 6

CPA

ALL FOR ABSTRACT SUBMISSIONS

The CPA is now receiving abstracts for its 2020 annual convention. Each year, the Canadian Psychological Association's (CPA’s) National Convention and Annual General Meeting brings together almost 1,800 psychologists and psychology students from across Canada and abroad. The CPA invites you to join us in Montréal, Québec from Thursday, May 28 to Saturday, May 30, 2020.

The theme for the 2020 CPA Annual National Convention is Psychology in Action and will highlight the multitude of ways that psychology impacts everyone on a daily basis. CPA members, affiliates and non-members and non-affiliates are encouraged to submit!

The submission system will CLOSE on December 2nd, 2019.

For more information contact Kathy Lachapelle-Pétrin: convention@cpa.ca or 613-237-2144 ext. 330.

COMMUNITY EVENTS AND OPPORTUNITIES OF INTEREST
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<th>Nanny Angels</th>
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<td>Students! Volunteers are needed to provide help children whose moms have cancer. Training in grief and bereavement provided</td>
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<td>Volunteers are needed for a 4-hour/week commitment focused on children. These volunteers provide support to children whose mom has been diagnosed with cancer. This is an opportunity to gain training and experience in a hands-on volunteer opportunity. For more information, please see <a href="https://nannyangelnetwork.com/">https://nannyangelnetwork.com/</a> or email <a href="mailto:volunteer@nannyangelnetwork.com">volunteer@nannyangelnetwork.com</a></td>
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Make a donation

To provide the critical childcare moms with cancer need, we rely on the generous support of individuals, corporations, and private foundations. Please help us lessen the impact of cancer on families.

To donate online, please visit: www.nannyangelnetwork.com or call us at 416-730-0025

CONTACT US

Head Office
416-730-0025
1000 Sheppard Ave. West, Suite 100,
Toronto, ON, M3H 2T6

Kingston Office
613-417-3832 ext. 8
Sanctuary Coworking
221 Queen Street,
Kingston, ON, K7K 1B4

Email: volunteer@nannyangelnetwork.com
Apply: www.nannyangelnetwork.com/apply

@nannyangels
@nannyangels
@nannyangels
Applications are now open for QICSI, a transformative opportunity for undergraduate students to gain professional experience and pursue an entrepreneurial career path. This opportunity is open to any student from any Faculty.

Opportunity

The Dunin-Deshpande Queen’s Innovation Centre is looking for a diverse group of individuals and teams for our summer incubator, the Queen’s Innovation Centre Summer Initiative (QICSI). QICSI gives budding entrepreneurs the opportunity to receive training, mentorship, office space, and $4000 seed funding at no cost to build and launch a venture over the course of the summer (May 11-August 28, 2020). QICSI is industry agnostic and supports ventures across the full spectrum of not-for-profit to for-profit, and social to traditional enterprise.

Benefits

- Training includes a two-week intensive bootcamp with workshops from entrepreneurs, Queen’s professors, and domain experts in Design Thinking, Systems Thinking, High-Performance Teams, Sales, Accounting for Startups, Customer Discovery, Identifying Business Opportunities, Negotiations, Bootstrapping and Fundraising, and More.
- Mentorship from the DDQIC team, and a regional and Global Network of mentors.
- Access to dedicated co-working space in the Rose Innovation Hub in Mitchell Hall.
- Bursaries available to assist with personal expenses.

Eligible Candidates

**Individuals:** QICSI is looking for individuals with a tolerance for risk, the ability to work within an interdisciplinary team, and the desire to build a new venture over the summer. No ideas necessary! [Individual applications due November 26, 2019](#)

**Teams:** QICSI is looking for teams who are already committed to working on an idea and want to start building a venture right away. [Team applications due January 10, 2020](#).
Scientista fall speaker series- supporting women in STEMM

The Scientista Fall Speaker Series, Finding Equilibrium, is focused on work-life balance and the reproductive health concerns of women in STEMM. We hope to foster an engaging conversation about the apprehensions of women pursuing these fields and real challenges they face when trying to balance their careers and family life.

Featured Panelists:
- Dr. Stéphanie Boyer: Research Collaborator in the Sexual Health Research Lab and a Clinical Psychologist at the Queen’s University Psychology Clinic.

- Noor Shakfa: MSc Candidate at Queen’s University

- Dr. Susan Boehnke: Lead of Executive Education, Centre for Neuroscience Studies & Assistant Professor, DBMS, Queen’s University

Attendance is free!

KAPLAN Prep Pass
Queen’s EngSoc is thrilled to announce our conference theme this year as “A Call to Action.” This theme will focus on how organizations and delegates entering the energy industry intend to mitigate the impacts of climate change as well as create a more sustainable future. We are asking delegates, speakers, and organizations alike to think about how they are being “called to action” to modify current designs through innovation and up-and-coming technology.

Our delegate registration is now open, and we encourage you to sign up following this link: https://forms.gle/wceHWNUPvTxsuUbD6

This year we are working hard to make the conference as accessible to Queen’s students as possible by lowering the delegate fee to $100, bringing the conference to Queen’s campus locations, and setting the conference as a two-day event running on Saturday and Sunday to prevent delegates from having to miss classes on Friday.

We also accept external delegates and students who are on internship and we encourage you to forward the registration to any of your friends at other universities!
2020 Canadian Undergraduate Journal of Cognitive Science

The 2020 edition of the Canadian Undergraduate Journal of Cognitive Science is continuing to accept submissions. We’ve seen many entries already, but are eager to see more come in from the students of Queens. All disciplines, all nationalities, all undergraduates are welcome to submit. This email is a gentle reminder that there is only one month left until the submission deadline.

As always, if you have questions or comments you are welcome to reach out to myself directly, or to our inquiries email: inquiries@cujcs.ca. Full details regarding the journal can be seen on our website: cujcs.ca

WILFRID LAURIER U – MSC/PHD IN ORG BEHAVIOUR & HR MGMT

Are you considering graduate school in Industrial/Organizational (I/O) Psychology, Social Psychology, Organizational Behavior, or Human Resource Management? If so, the MSc/PhD program in OB/HRM in the Lazaridis School of Business & Economics at Wilfrid Laurier University might be a great opportunity for you!

Our research-intensive program provides you with an opportunity to conduct ground-breaking research that applies psychological theories to the workplace. Our faculty and graduate students conduct research on many topics relevant to today’s organizations and workplace such as fairness and justice, leadership, diversity management, emotions in the workplace, power and status, personality factors, work stress, ethics, to name a few.

Our faculty members are leading scholars who are committed to mentoring, developing, and collaborating with students. Many of our faculty and the vast majority of our graduate students come from psychology backgrounds.


We are accepting applications now (priority deadline is January 15) and encourage you to contact us at obhrm@wlu.ca for more information!

STUDENT RESOURCES

Faculty of Arts and Science

- Undergraduate Academic Advising
- Changes to program/plan
- Letters of permission
- Academic Appeals
- Academic Considerations
### Campus Support Services

#### International Students:
Queen’s University International Centre (QUIC) is a support service for all members of the Queen’s community and through its activities promotes an internationally informed and cross-culturally sensitive learning environment.
Queen’s University International Centre
John Deutsch University Centre
+1-613-533-2604
[http://quic.queensu.ca](http://quic.queensu.ca)

#### Student Health Services:
If you have an ongoing health condition and will require involvement with our on-campus family physicians, including prescriptions for medication, contact your family doctor or previous post-secondary institution health service to arrange a transfer of pertinent health records (including immunization records) to Queen’s Student Health.
[www.queensu.ca/studentwellness](http://www.queensu.ca/studentwellness)
(613) 533-2506

#### Counselling Services
If you have seen a counselor in the past, and anticipate that you may want to see a personal counsellor at Queen’s, please contact the Student Wellness Services office to get more information about the counselling services available on campus and to discuss transfer of information from your previous counsellor.
[www.queensu.ca/studentwellness](http://www.queensu.ca/studentwellness)
(613) 533-6000, ext 78264
counselling.services@queensu.ca

#### Other Health Services/Resources at Queen’s:
- Physical Therapy Clinic
- Sexual Health Resource Centre (SHRC)
- DrugSmart: A pharmacy located in the Queen’s Centre.
- Environmental Health and Safety
- Food Centre, AMS: A non-profit, confidential, and non-judgmental food service for members of the Queen’s community.

#### Peer Support Centre:
The Peer Support Centre is a service on campus that provides one-on-one peer support to all undergraduate students. It thrives on being confidential and non-judgemental. Every student is always welcome to drop-in for a chat or resource referral. Students are free to talk about anything they choose. No problem is too big or too small! We are open 10am - 10pm, 7 days a week starting in September.
Disability Services

Student Wellness Services assists students in the following ways:

- Recommends exam accommodations
- Facilitates access to material in alternate formats
- Provides assistive technologies
- Coordinates learning strategies and library research workshops
- Coordinates volunteer note-taking and peer mentor programs

NOTE: Students with disabilities who wish to make use of the services available must register at Disability Services every academic year and must forward supporting documentation to the Student Wellness Services Office.

Other disability services offered at Queen's include...

- **Learning Strategies Development**: This program enhances students’ ability to learn effectively and helps students develop greater confidence in their abilities.
- **Learning Disabilities Specialists**: Offered through the Regional Assessment and Resource Centre, these specialists provide assessment and services for students with possible learning disabilities and other neuropsychological conditions.
- **InvisAbilities**: A student organization promoting awareness, education, and support of young adults living with hidden chronic illness. Started at Queen's in 2009, the group has spread to include chapters at McGill University, University of Ottawa, Brock University, and University of Calgary.

Academic Support

The transition to university life is a big one – and part of it is adjusting to the challenges and workload that are part of being a Queen’s student. At Queen’s you are never alone. We have many offices dedicated to helping you learn, think, and do.

The Learning Commons

The Queen’s Learning Commons (QLC) is both a hub of services supporting formal academic programs and a meeting place within Stauffer Library. It encompasses physical and online environments, accommodating different approaches to learning.

The QLC provides resources, workshops and seminars, and one-on-one professional consultations for students who want to enhance or develop their skills.

The QLC is composed of:

- The Adaptive Technology Centre / Library Services for Students with Disabilities
- ITServices: Services include many learning resources and workshop opportunities
- Queen’s Library: Services include Subject Liaison Librarians who can help you locate resources for your field of study
• **Student Academic Success Services** who can help you improve your writing and academic skills and confidence through online resources, workshops and individual appointments.

### Career Services

As the central provider of career education and employment support services at Queen's University for undergraduate, graduate students and recent alumni from all disciplines. They offer a comprehensive range of accessible services to support and empower students in making informed decisions about their career, further education and employment goals.

Gordon Hall, 3rd floor  
74 Union Street  
Weekdays, 8:30 – 4:30 PM (Sep-Apr); Weekdays, 8:30-noon, 1:00-4:30 pm (May-Aug)  
613.533.2992  
mailto:mycareer@queensu.ca