

Course Introduction

Welcome to the fascinating world of psychology: the science of behaviour and the mind! Using a combination of online lessons and activities, you will explore research in key areas of psychology, including perception, cognition, learning, motivation, child development, individual differences, social psychology and abnormal (clinical) psychology. In the process you will hopefully gain some insight into what makes people think, feel, and behave the way that they do.

The course material will be available in the form of weekly online lessons and quizzes with opportunities to further explore and discuss this material in small group discussion conducted on the discussion forum. We have included these components to help you keep up with the reading, and to promote deeper thinking and better learning through working with your classmates. The discussions and quizzes require your active participation throughout the course.



Unlike other distance courses you may have taken, this is **not** a self-paced course and online activities **must be completed at specific times**. (See course timeline for due dates.)


We expect that you will be available via high-speed internet on these key dates (see Course Timeline). It is your responsibility to get in touch with us at PSYC100D@queensu.ca **as soon as possible** if you have a conflict with any of these dates.

For students who will be out of Canada for the duration of the term, please note that we have had instances in the past where certain Web sites that are required to complete the online courses, including Moodle, have been blocked intermittently in some countries (e.g. China). If the course you enroll in requires the completion of online quizzes or exams, this may pose an impediment to you successfully completing the course. We do not make accommodations based on the lack of reliable Internet access. It is your responsibility to make sure that you will have adequate high speed Internet coverage for the entirety of the term.

Please note: Updates concerning your course will be sent to your Queen's NetID account **ONLY**.

Learning Outcomes

1. Summarize the major areas and themes of psychology.
2. Demonstrate an understanding of the role of genes and environment in determining behaviour and mental processes.
3. Describe the major psychological theories and the empirical evidence upon which they are based.
4. Apply the scientific method to the formulation and answering of questions related to psychology.
5. Assess the validity of, and provide accurate interpretations of, psychological findings.

Dates	Lesson Notes	Assignments and Activities
 Unit 1: Foundations		
Week 1: Sept. 14-20	Lesson 1: Introduction and History	
Week 2: Sept. 21-27	Lesson 2: Research Methods and Statistics	Sept 25 at 2pm: Syllabus Quiz closes
Week 3: Sept. 28-Oct. 4	Lesson 3: Genetics & Evolution	Sept. 28 at 2pm: Lesson 1-2 Quiz closes Sept 30 by 2pm: Post Prep work for Discussion 1A: Evaluating Research Proposals Oct. 4 by midnight: Discussion 1A closes
Week 4: Oct. 5-11	Lesson 4: Learning	



Unit 2: Neuroscience

Week 5: Oct. 12-18	Lesson 5: The Neuron	Oct. 13 at 2pm: Lesson 3-4 Quiz closes Oct. 14 by 2pm: Post Prep work for Discussion 1B: Design a Study Oct. 18 by midnight: Discussion 1B: Design a Study closes
Week 6: Oct. 19-25	Lesson 6: Neuropsychology and Cognitive Neuroscience	Oct. 23 by 2pm: Submit Assignment 1B: Design a Study
Week 7: Oct. 26-Nov. 1	Lesson 7: Consciousness and Sleep	Oct. 26 at 2pm: Lesson 5-6 Quiz closes



Unit 3: Sensation and Perception

Week 8: Nov. 2-8	Lesson 8: Psychophysics and Transduction	Nov. 4 by 2pm: Post Prep Work for Discussion 2: Visual Effects Nov. 8 by midnight: Discussion 2: Visual Effects closes
Week 9: Nov. 9-15	Lesson 9: The Visual System	Nov. 9 at 2pm: Lesson 7-8 Quiz closes Nov. 13 by 2pm: Submit Assignment 2: Visual Effects
Week 10: Nov. 16-22	Lesson 10: Other Senses	



Unit 4: Cognitive Psychology


Week 11: Nov. 23-29	Lesson 11: Memory	Nov. 23 at 2pm: Lesson 9-10 Quiz closes Nov. 25 by 2pm: Post Prep Work for Discussion 3: Memory Nov. 29 by midnight: Discussion 3: Memory closes
Week 12: Nov. 30-Dec. 4	Lesson 12: Language	Dec 7 at 2pm: Lesson 11-12 Quiz closes

Proctored Midyear Exam (Lessons 1-11) will be held during the Exam Period: Dec. 9-23, 2015

Week 13: Jan. 4-10	Lesson 13: Intelligence, Reasoning and Decision Making	Log in to Peer Scholar by Jan. 6
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Unit 5: Developmental Psychology

Week 14: Jan. 11-17	Lesson 14: Physical and Lifespan Development	Jan. 13 by 2pm: Upload draft of Assignment 4: The Great Debate to Peer Scholar Jan. 18 by 2pm: Complete Peer Review in Peer Scholar
Week 15: Jan. 18-24	Lesson 15: Cognitive Development	Jan. 18 at 2pm: Lesson 13-14 Quiz closes Jan. 22 by 2pm: Submit revised Assignment 4: The Great Debate
Week 16: Jan. 25-31	Lesson 16: Social Development	
 Unit 6: Personality and Social Psychology		
Week 17: Feb. 1-7	Lesson 17: Personality	Feb. 1 at 2pm: Lesson 15-16 Quiz closes Feb. 3 by 2pm: Post prep work for Discussion 5: Dear Doctor Feb. 7 by midnight: Discussion 5: Dear Doctor closes
Week 18: Feb. 8-14	Lesson 18: Social Psychology I	Feb. 9 by 2pm: Complete Fluid Survey questionnaire Feb. 12 by 2pm: Submit Assignment 5: Dear Doctor
Reading Week: Feb. 15-19		
Week 19: Feb. 22-28	Lesson 19: Social Psychology II	Feb. 22 at 2pm: Lesson 17-18 Quiz closes Feb. 24 by 2pm: Upload draft of Assignment 6: Self-Esteem Enhancement to Peer Scholar Feb. 28 by 11am: Complete Peer Review in Peer Scholar
Week 20: Feb. 29-Mar. 6	Lesson 20: Motivation and Emotion	Mar. 4 by 2pm: Submit revised Assignment 6: Self-Esteem Enhancement
 Unit 7: Mental Health		
Week 21: Mar. 7-13	Lesson 21: Mental Disorders	Mar. 7 at 2pm: Lesson 19-20 Quiz closes
Week 22: Mar. 14-20	Lesson 22: Schizophrenia and Mood Disorders	Mar. 16 by 2pm: Post prep work for Discussion 7: Mental Disorders and Treatment Mar. 20 by midnight: Discussion 7 closes
Week 23: Mar. 21-27	Lesson 23: Treatment of Mental Disorders	Mar. 21 at 2pm: Lesson 21-22 Quiz closes Mar. 25 by 2pm: Submit Assignment 7: Mental Disorders and Treatment

Week 24: Mar. 28-Apr. 1	Lesson 24: Health, Stress and Coping	Apr. 4 at 2pm: Lesson 23-24 Quiz closes
Proctored Final Exam (Lessons 12-24) will be held during the Exam Period: Apr. 7-23, 2016		

Key Arts and Science Dates

Term Dates and Exams

Fall Term: Sept 14 – Dec 4, 2015

Midyear Examination Period: Dec 9 – 23, 2015

Winter Term: Jan 4 – Apr 1, 2016

Examination Period: Apr 7 – 23, 2016

Key Dates

Sept 1	Fall tuition due
Sept 14	Fall Term classes begin
Sept 25	Last day to add courses Last day to drop courses without financial penalty
Nov 6	Last day to change Midyear exam centre location Last day to drop courses without academic penalty Last day to submit accommodations to CDS
Dec 4	Fall Term classes end
Dec 9 – 23, 2015	Midyear Examinations
Jan 4, 2016	Winter Term classes begin
Jan 10	Winter tuition due
Jan 15	Last day to add Winter courses Last day to drop Part B of Fall-Winter courses without financial penalty
Feb 26	Last day to change exam centre location Last day to drop Part B of Fall-Winter courses without academic penalty
Apr 1	Winter Term classes end
Apr 7 – 23, 2016	Examinations

Communication

The university communicates with students by **Queen's email ONLY**. Please check your Queen's email regularly to ensure you do not miss out on important information.

Course Announcements will be used to post announcements to the class. Copies of the announcements are also sent to your Queen's email account.

Course Questions: You are encouraged to use the "Course Questions" forum to post questions and comments of general interest to the class. The TAs and other students in the class can reply to the posts in this forum. Copies of the forum posts are also sent to your Queen's email account. Note that TAs will not answer right away, in order to give your peers an opportunity to answer.

PSYC 100 E-mail: If you have questions or concerns that you don't want to post on a discussion board, you are welcome to write to PSYC100D@queensu.ca and our coordinating TA will either respond or will forward your message to the appropriate person. When writing an e-mail, please include your full name and student number to help us find your record. Please do not write to your TAs or Instructors using the Moodle "Send Message" option, because your e-mail address is not available and the respondent has to login to Moodle to reply, which wastes time.

If you have specific enquiries for your instructor that cannot be address by the coordinating TA, they can be referred to one of the 2 course coordinators Jill.Atkinson@queensu.ca, or Cheryl.Hamilton@queensu.ca.. We are here to help and have set up a number of ways that questions can be asked and answered.

Office Hours: May be arranged by appointment, by writing to PSYC100D@queensu.ca. We can hold in person or online (e.g., Skype) office hours by appointment.

Required materials

Course Components

Available from Queen's Campus Bookstore (<http://www.campusbookstore.com>)

Textbooks

Krause, Corts, Smith & Dolderman. *An Introduction to Psychological Science Canadian Edition* (Hardcover or Loose Leaf). ISBN13: 9781269959179 (HC); 9781269959162 (LL) available at the bookstore.

Pearson Media Card Access Code

Required to access the weekly online lessons through Moodle. This is also available at the bookstore; Bundled with new textbooks; if you bought a used textbook, you will need to buy this separately (comes with eText). Be sure to compare prices if you buy it as a standalone item.

Web Materials

PSYC 100 uses a web-based learning management system called Moodle. This site is where you will access the course materials including the Pearson online lessons.

Course Components

1. Weekly on-line lessons (See Pearson Media Card Access Code).
2. Asynchronous small group discussions/assignments approximately every 3-4 weeks.
3. Quizzes (each open for 2 week periods).
4. Textbook readings. In general, the textbook is intended to supplement the online lessons. Do the online lessons FIRST and use the textbook for clarification, to deepen your understanding, and if you wish to know more about a topic.

Suggested Time Commitment

Activities	Time
Completing/reviewing online lesson	4 hours every week
Reading/reviewing the text	1-2 hours every week, as required
Discussion participation	2 hours approximately every third week
Writing Assignment	4 hours approximately every third week
Completing Quizzes	2 hours every 2 weeks
Total	Approximately 9 hours/week

Assessments

Component	Description	Weight (%)
Quizzes	Average of 10 highest marks out of 12 quizzes	10%
Assignment Activities	<ul style="list-style-type: none">• 3 Written Individual Assignments (5% each)• 5 Discussion Participation (4 x 2% and 1 x 3%)• 2 PeerScholar Assignments (7% each)	40%
Midyear Exam	Proctored Midyear Exam	20%
Final Exam*	Final 3-hour Proctored Exam	30%



*Students must write and pass the final exam to pass the course.

Note: The late penalty for assignments is 0.5 marks (out of 5) for each day late. Assignments that are more than 1 week late will not be accepted and/or marked unless documentation is provided (see Special Accommodations). Please note that all times are in Kingston local time (EST).

Quizzes

There are 12 quizzes, each open for two weeks. The quizzes will be made up of 20 multiple-choice questions based on the online lessons covered in that two-week period. Quizzes will test ONLY the relevant two weeks of material; they are not cumulative. The quizzes can be written from any computer with high-speed internet access. Each quiz will be open **for a full two weeks** from Monday at 2 pm until the Monday 14 days later at 2 pm, during which time **you can take the quiz as often as you like**. The highest mark you achieve during that time period will be recorded as your mark on the quiz.

Of the 12 quizzes, your best 10 will count towards your final grade. You may choose to miss or forego the results of two quizzes, without documentation. After that, you will receive '0' for a missed quiz and quiz grades are final. The only exception to this rule is if there are documented serious extenuating circumstances (see Special Accommodations).

Discussions

You will receive an email from your TA assigning you to a discussion group. For each of the 5 discussions, you will need to: (1) access your group's Discussion forum on the first day of each Discussion to submit your preparatory work, and (2) participate in the Discussion periodically over the next four days (although you can miss days if you are organized). Within the Discussion week, the Discussion board will open at 2 pm on the Wednesday and close at midnight on Sunday (see timeline). During this 5 day period, you will be expected to actively participate in that week's discussion topic by contributing at least 4 quality posts in addition to your initial preparatory post. Information on the discussion topics will be posted on Moodle under the corresponding week and will relate to the assignment.

Your discussion activity will be assessed according to the following rubric:

Criterion	Accomplished	Developing	Needs Improvement
Frequency	Initial post submitted on time; at least 4 posts in the 5-day window of the discussion	Participates somewhat	Does not participate
Initial Post	Posts well developed; work that addresses all aspects of the task.	Posts adequate work. Minimal thought and preparation; doesn't address all aspects of the task	No initial post
Discussion Board posting	Demonstrates analysis of other People's initial post (ie. Comments and requests for feedback). Extends discussion by building on previous posts	Contributions are superficial (e.g just agrees or disagrees). Does not enrich discussion	Posts no follow-up comments or questions

Assignments

Assignments have submission deadlines (see timeline). You will need internet access to submit your assignments electronically on or before the due date. Some of the assignments are coupled with the Discussions such that participation in the latter should help you with the former. Each assignment is due on the Friday after the Discussion ends at 2 pm.

Criterion	Accomplished	Developing	Needs Improvement
Development of Ideas/Completeness and Accuracy of Explanation/Justification	Addresses all of the relevant issues. Good understanding of the concepts and demonstrates critical thinking about the material	Adequately addressed the issues and shows some understanding of the concepts but without much demonstration of critical thinking.	Does not address all relevant issues. Lacks understanding of the concepts and does not demonstrate use of critical thinking.

Organization, Structure and Writing	Well organized; arguments well integrated into coherent structure that pushes explanation forward. Writing is appropriately concise.	Some structure apparent, but ideas do not build or follow in a logical order; rambling in places. Writing is clear for the most part, with some problems in wording and style.	Weak and unclear organization makes argument difficult to follow. Quality of writing makes arguments difficult to follow.
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Proctored Midyear Exam

The midyear exam is 2 hours in length and includes multiple choice as well as short answer questions based on the online lessons, discussions and assignments. It is held in December during the official exam period.

Proctored Final Exam

The Final exam is three hours in length and includes multiple-choice and short answer questions based on the winter term material as well as an essay question on an overarching theme from the course (you will have a choice of two questions)

Exam dates: The specific dates for each exam will be announced later in the term by the Registrar's office. Once the exam schedule has been finalized the exam date will be posted on your SOLUS account.

Arts and Science Calculator Policy (If Applicable)

Calculators acceptable for use during quizzes, tests and examinations are intended to support the basic calculating functions required by most Arts and Science courses. For this purpose, the use of the **Casio 991** series calculator is permitted and is the **only approved calculator for Arts and Science students**. This inexpensive calculator sells for around \$25 at the Queen's Campus Bookstore, Staples and other popular suppliers of school and office supplies.

Exam Location

When you register for the course, you will indicate the exam centre location you will use for the exams. Students living in the Kingston area will write the exams on Queen's campus. Students writing off campus will receive an email to their Queen's email account with full details of date/time/location of their exams.

Please note: Off campus exams will be held on the same day as Kingston exams, but the **start time** may vary slightly due to the requirements of the off-campus exam centre. When you registered for the course, you indicated the exam centre location. If you do not remember the exam location you chose, or if you wish to change your exam location, please email: cds@queensu.ca or call 613-533-3322.

Click here for the deadline for changing your exam centre. You must request the change prior to this deadline or you will be subject to a non-refundable administrative fee of \$100.00 per exam.

Exam Accommodations

All students requiring accommodation should contact CDS immediately following registration to inform them of any arrangements which may be required for proctored exams. Click here for further information regarding exams,

Requests to write a make-up exam because of conflicting travel plans (e.g. flight bookings) will **NOT** be considered except under extraordinary circumstances. Students are advised to wait until the final exam schedules are posted before making any travel arrangements.

Academic Integrity

Academic integrity is constituted by the five core fundamental values of honesty, trust, fairness, respect and responsibility (see www.academicintegrity.org).

These values are central to the building, nurturing and sustaining of an academic community in which all members of the community will thrive. Adherence to the values expressed through academic integrity forms a foundation for the "freedom of inquiry and exchange of ideas" essential to the intellectual life of the University.

Students are responsible for familiarizing themselves with the regulations concerning academic integrity and for ensuring that their assignments conform to the principles of academic integrity. Information on academic integrity is available in the Arts and Science Calendar (see Academic Regulation 1), on the Arts and Science website (see <http://www.queensu.ca/artsci/academic-calendars/regulations/academic-regulations/regulation-1>), and from the instructor of this course. For current policy updates visit: <http://www.queensu.ca/artsci/about/academic-integrity>

Departures from academic integrity include plagiarism, use of unauthorized materials, facilitation, forgery and falsification, and are antithetical to the development of an academic community at Queen's. Given the seriousness of these matters, actions which contravene the regulation on academic integrity carry sanctions that can range from a warning or the loss of grades on an assignment to the failure of a course to a requirement to withdraw from the university.

Grading Method

All components of this course will receive numerical percentage marks. The final grade you receive for the course will be derived by converting your numerical course average to a letter grade according to Queen's Official Grade Conversion Scale:

Queen's Official Grade Conversion Scale

Grade	Numerical Course Average (Range)
A+	90-100
A	85-89
A-	80-84
B+	77-79
B	73-76
B-	70-72
C+	67-69
C	63-66
C-	60-62
D+	57-59
D	53-56
D-	50-52
F	49 and below

Tips for Success

1. Be sure to use the weekly checklists to keep on top of all of your work and refer to the Timeline so that you do not miss any deadlines.
2. Complete your online lessons *before* you participate in the discussions.
3. Seek clarification on the Course Discussion Forum as soon as possible about any confusing concepts.
4. Contribute answers to the Course Discussion Forum.
5. Be proactive – do not leave work until the last minute. Computer problems and technical glitches happen and sometimes life just gets in the way! Despite this, you are still responsible for meeting your deadlines.
6. Contact Student Academic Support Services for help in preparing for and writing essays and multiple-choice exams. They are located in the Learning Commons at Stauffer Library. Click here for learning strategies workshops and study tips.

Note that there are *no* copies of previous final exams available. However, the quizzes are excellent preparation for the multiple-choice portions. If you stay on top of the material, do the quizzes as described above, and practice short-answer questions, you will be well prepared.

Special Accommodations

Students with Disabilities

If you are **registered with Accessibility Services** (Lasalle Bldg, 533-6467; <http://www.queensu.ca/studentwellness/accessibility-services/>) **special accommodations** are allowed under the following conditions:

- 1) The student notifies the Coordinating TA (PSYC100D@queensu.ca) of their need for accommodation as soon as possible. If such contact has not been made well in advance, it may not be possible to provide the accommodations in a timely fashion. **Please note that it is important to contact Accessibility Services as early as possible in Fall Term to allow time for you to be registered for special needs consideration.**
- 2) The Coordinating TA will let you know where to send documentation

Faith Observations

If you are unable to write an exam due to faith observance, please contact the Coordinating TA PSYC100D@queensu.ca **early in the term**, to make alternate arrangements. Last minute requests will not be accommodated.

Illness & Personal Problems

If you are too ill to complete an assignment, you must email PSYC100D@queensu.ca and provide documentation.

If you are too ill to write an exam, or if you are not able to perform well due to a *serious extenuating* circumstance for which you can provide documentation (e.g., death in the family), you must email PSYC100D@queensu.ca **prior** to the exam or by phone (533-2493) and then **do not write the exam**. Instead, please seek medical treatment or counselling as needed and provide the Coordinating TA with the documentation. Psychology 100 make up exams will be on January 8th or 9th (Midterm) and the end of April (final).

Once an exam is written, **your grade stands**. You will have the opportunity to drop the course (See Key Arts and Science dates above). If you are having difficulty and are unsure about whether to drop the course, please e-mail PSYC100D@queensu.ca and ask to consult with the course instructor, Dr. Atkinson. Otherwise, if you choose to continue in the course, you are considered to have made a valid attempt and your final grade stands. If something happens **after** the drop date, please email PSYC100D@queensu.ca and ask to consult with one of the course instructors.

See <http://www.queensu.ca/psychology/undergraduate/current-students/departmental-policies> for more information.

Academic Support

Student Supports

The Library is here to help you make the most of your time at Queen's. It offers many great services to enhance your learning while at Queen's.

General Library Services

<http://library.queensu.ca>

Writing Services

<http://queensu.ca/writingcentre>

Personal Support

If you are having personal difficulties that make it hard to learn, or to keep up with the material, contact the Coordinating TA at email PSYC100D@queensu.ca.

You are encouraged to contact the Queen's student wellness services as they provide a range of helpful services for students.

There are several options when you run into difficulty, but you need **to tell us as soon as possible**. Do not just keep falling behind!

Student affairs supports a diverse array of programs and services to help students.

Career Services offers students, faculty, employers and alumni various services including workshops.

Technical Support

Contact CDS: [cgs@queensu.ca](mailto:cds@queensu.ca) or phone OR Submit your problem to ITS: <https://www.queensu.ca/its/forms/itsc/helpform/> or phone .

Computer Requirements

Microsoft Windows Client

Vista/Windows 7/Windows 8
Intel Core 2 Duo processor
2GB RAM
Soundcard with speakers and microphone or preferably a headset
Webcam

Mac Client

OS X 10.8 or higher
Intel i5 processor
2 GB RAM
Internal, USB or external iSight microphone or preferably a headset
Webcam

Browser

Firefox version 40 or higher (recommended) Internet Explorer version 8 or

higher

Firefox version 40 or higher (recommended)
Safari version 7 or higher (browser plug-ins supported on 64-bit
Intel processors only)

Java: Version 1.8 or higher (32-bit or 64-bit)

Internet Connection: High speed access: ADSL, Cable or better

Media Player Flash 11 or higher **Adobe Reader:** Version 11 or above