

DEPARTMENT OF PSYCHOLOGY
Psychology 231 Introduction to the Study of Personality
Winter 2013

Instructor: Dr. Angela Howell-Moneta

Contact: angela.howell-moneta@queensu.ca

Office: Louise D. Acton Bldg. 31 George St. (School of Rehabilitation and Physical Therapy) Room 0325

T.A's: Dustin Washburn: dustin.washburn@queensu.ca and Ariel Silver: ariel.silver@queensu.ca

Classes will be held in: Stirling Auditorium-Lecture Hall D **Wed: 4:00-5:30p.m. Fridays: 2:30-4:00pm**

PSYC 231* provides an introduction to the exciting and vibrant field of the study of personality. The topic is broad, with a range of theories, models and explanations for many aspects of human behaviour. For example, we will discuss why certain people are attracted to each other, qualities associated with highly successful people, and what constitutes a personality disorder. We will also discuss authoritarianism, aggression, and even humour. Some of these theories – for example, those of Sigmund Freud – have been the source of great debate and controversy, and have had a significant impact on many areas outside the field of personality. Others – such as those of Gordon Allport – are less well known. We will explore a number of theories and critically examine how each may or may not help us, to understand the complexity of human personality. I hope that you will find the topics interesting and stimulating to study.

OUTLINE OF TOPICS

Date	Lect. No.	Topic	Chapter
January 9 th	1	Introduction	1
January 11 th	2	The Psychoanalytic Approach: Freud	2
January 16 th	3	The Psychoanalytic Approach: Freud	2
January 18 th	4	The Neo-psychoanalytic view (i): Jung	3
January 23 rd	5	The Neo-psychoanalytic view (ii): Adler	4
January 25 th	6	The Neo-psychoanalytic view (iii): Horney	5
January 30 th	7	Psychoanalytic developmental psychology: Erikson	6
February 1 st	8	Racial and Cultural Identity Development: Helms, Tatum,	Articles
February 6 th	9	REVIEW	1-6 Articles
February 8 th	10	MIDTERM- location T.B.A	1-6 Articles
February 13 th	11	Humanistic Approach: (i) Maslow	9
February 15 th	12	Humanistic/Existential theories: (ii) Rogers	10
Feb 20-22		NO CLASSES-SPRING BREAK	
Feb 27 th	13	The Genetics Approach Trait Theories (i): Allport, Cattell	7
March 1 st	14	The Genetics Approach Trait Theories (ii): Cattell & Eysenck, Costa & McCrae, Ashton & Lee	8
March 6 th	15	Personal Construct Theory: Kelly	11
March 8 th	16	The Behavioural Approach: Skinner, Dollard and Miller	12
March 13 th	17	Social Learning Approach: Bandura	13
March 15 th	18	Social Learning theory: Rotter, Mischel	14
March 20 th	19	Positive Psychology Approach: Seligman: Learned Helplessness	14
March 22 nd	20	The Cognitive Behavioural approach (i) Beck	14
March 27 th	21	The Cognitive Behavioural approach (ii) Ellis, Lazarus	Handout
March 29 th		HOLIDAY-NO CLASS	
April 3 rd	22	Extensions and reflections on personality theories	15
April 5 th	23	Review	7-15
TBA	24	FINAL EXAM	T.B.A

Notes:

1. I will make extensive use of PowerPoint slides in teaching this course. These will be available on Moodle in advance of the class. If you have any difficulty accessing these, please get in touch with me.
2. I don't have office hours; I am happy to meet with any student to discuss the material in the course. Just e-mail me or talk to me before or after class and we can set up a time to meet.

COURSE EVALUATION

The course grade will be based on the examinations as described below. Each examination will include multiple choice questions, definitions and short essay questions. Material from the text and lectures will be examined. Specific weights for these parts will be announced before each examination.

<u>Examination</u>	<u>Weight</u>	<u>Date</u>	<u>Material to be examined</u>
Midterm exam (In-class)	45%	February 15 th	Lectures and Text: January 9 th to February 13 th
Final exam	55%	April exam period	Lectures and Text: February 27 th to April 5 th

Important Note: The final examination for the course will be held during the examination period in April. It will be three hours in length and will be worth 55% of the total marks available. Part 1 of the final examination will be drawn from the second half of the course and will follow the same format as the midterm exam.

Essay questions in final exam: Part 2 of the final examination will consist of two essay questions that will draw on information from various parts of the course. These two essay questions will be provided to the class on March 20th and will be placed on Moodle, along with important information about answering the questions.

Course Text:

Schultz, D. P., & Schultz, S. E. (2013) *Theories of Personality (10th Edition)* Belmont: Wadsworth, Cengage.

Do you have special circumstances? Please contact me by email if you have special circumstances or needs that could affect your course work (for example, if you have special learning needs or a disability, if this is your first psychology course, if English is not your first language etc.). Please let me know if you have any faith-based holidays that coincide with due dates or exam periods. I will always make accommodations.

Academic Integrity

Academic integrity is constituted by the five core fundamental values of honesty, trust, fairness, respect and responsibility (see www.academicintegrity.org). These values are central to the building, nurturing and sustaining of an academic community in which all members of the community will thrive. Adherence to the values expressed through academic integrity forms a foundation for the "freedom of inquiry and exchange of ideas" essential to the intellectual life of the University (see the Senate Report on Principles and Priorities <http://www.queensu.ca/secretariat/policies/senateandtrustees/principlespriorities.html>).

Students are responsible for familiarizing themselves with the regulations concerning academic integrity and for ensuring that their assignments conform to the principles of academic integrity. Information on academic integrity is available in the Arts and Science Calendar (see Academic Regulation 1 <http://www.queensu.ca/artsci/academic-calendars/2011-2012-calendar/academic-regulations/regulation-1>), on the Arts and Science website (see <http://www.queensu.ca/artsci/academics/undergraduate/academic-integrity>), and from the instructor of this course. Departures from academic integrity include plagiarism, use of unauthorized materials, facilitation, forgery and falsification, and are antithetical to the development of an academic community at Queen's. Given the seriousness of these matters, actions that contravene the regulation on academic integrity carry sanctions that can range from a warning or the loss of grades on an assignment to the failure of a course to a requirement to withdraw from the university.

Copyright of Course Materials

This material is copyrighted and is for the sole use of students registered in PSYC 231*. This material shall not be distributed or disseminated to anyone other than students registered in PSYC 231*. Failure to abide by these conditions is a breach of copyright, and may also constitute a breach of academic integrity under the University Senate's Academic Integrity Policy Statement.

Grading Scheme

In this course, all components will be graded using numerical percentage marks.

Your course average will then be converted to a final letter grade according to Queen's Official Grade Conversion Scale:

Queen's Official Grade Conversion Scale

Grade	Numerical Course Average (Range)
A+	90-100
A	85-89
A-	80-84
B+	77-79
B	73-76
B-	70-72
C+	67-69
C	63-66
C-	60-62
D+	57-59
D	53-56
D-	50-52
F	49 and below