### Sunday, Sept. 3rd
- **7:00 AM to 12:00 AM**: Move In
- **8:30 AM to 9:00 AM**: Queen's Welcomes U
- **9:30 AM to 11:00 AM**: Sunday Night Activities

### Monday, Sept. 4th
- **7:30 AM to 8:30 AM**: Sunrise Yoga
- **10:00 AM to 4:00 PM**: AMS Chill Station
- **8:00 PM to 11:00 PM**: Board Games Night
- **8:00 AM to 12:00 AM**: ResSoc Carnival

### Tuesday, Sept. 5th
- **7:30 AM to 8:30 AM**: Sunrise Yoga
- **9:30 AM to 10:30 AM**: West Campus

### Additional Activities
- **Monday, September 4th**
  - 7:30 am - 8:30 am: Sunrise Yoga
  - 10:00 am - 4:00 pm: AMS Chill Station
  - 8:00 pm - 11:00 pm: Board Games Night
- **Tuesday, September 5th**
  - 7:30 am - 8:30 am: Sunrise Yoga
  - 9:30 am - 10:30 am: West Campus

### Social Media
- **Facebook**: Student Experience Office
- **Facebook Event**: Queen's University Orientation Days
- **Instagram & Twitter**: @queens_seo

### Additional Info
- **SEO Website**: queensu.ca/studentexperience
- **Nerve Centre**: Lower Ceilidh, JDUC 613-533-6254
### Sunday

**Queen’s Welcome U – ARC Main Gym**
Join the rest of the Class of 2021 at your official welcome to Queen’s. You’ll be welcomed to the Queen’s community by a variety of students and staff, be inspired to make the most of university life by our keynote speaker, and learn what it means to be a part of the Gael family. Bring your tricolour, and be ready to shout “Cha Gheill”!

**Sunday Night Activities – various locations**
On your first night on campus, you have a choice of activities.
- Trivia: Grant Hall (9pm and 10:15pm start)
- Movie: Chernoff Auditorium (10pm start)
- Quidditch, pick-up soccer, and frisbee: Nixon Field
- Dodgeball: Nixon Field Tennis Court
- Big Ball Volleyball, spikeball and slacklining: Agnes Benedickson Field
- Tricolour Crafts: Nixon Field adjacent

### Monday

**Pleasure Principles – ARC Main Gym**
Prioritizing fun and pleasure over shame and fear, speaker Farrah Khan shares principles that help students better navigate through relationships and sex. Through storytelling and pop culture examples, Farrah uses her research and sense of humour to help students understand how these experiences are a collaboration, not a conquest.

**ResSoc Carnival – Tindall Field & Parking Lot**
Enjoy inflatable games, take in live music, grab food from one of our food trucks, and spend some time hanging out with your floormates. This event is brought to you by your Queen’s Residence Society.

**Board Games Night – Macintosh-Corry Hall**
Spend a low-key night playing board games with your new friends. We’ve got the popular, the obscure, and everything in between.

### Monday/Tuesday

**Existere – Grant Hall**
Existere is a social action theatre group that aims to raise awareness around important issues relevant to first-year students.

**Sunrise Yoga – Agnes Benedickson Field**
For early risers and yoga enthusiasts, join us for some early morning stretching. Led by the Queen’s Yoga Club on Main Campus.

### Tuesday

**Campus Talks on Tour - Leaves from Leonard**
Join your floor to tour around campus and hear some need-to-know information to start the year on the right foot! Use our scavenger hunt app throughout the tour to earn points to win a prize for your whole floor!

**Yoga on West – South field behind Phase 2**
Interested in yoga and living on West Campus? Join us for post-breakfast yoga, led by the Queen’s Yoga Club.

**Welcome Home Night – ARC**
At Welcome Home Night, you can: participate in a Casino Night, playing poker, blackjack, and more to win raffle tickets; share your love of music at Open Mic; get a taste of Kingston’s best desserts during the Dessert Tour; or explore involvement opportunities through a number of activities run by campus clubs.

Upon entrance to this event, each student will receive $100 worth of poker chips. Poker chips can be chanced in for raffle tickets that you can use to enter our Grand Prize Draw!

#queensu2021 #queensuOweek