

# Steps for students to take after a recent sexual assault

Queen's is committed to providing non-judgmental sexual violence support and response.



## 1 Go to a safe place

For safety assessment and planning, call **Queen's 24hr Emergency Report Centre** 613-533-6111 or 911

24/7 Crisis and Support Line  
**Sexual Assault Centre Kingston**  
613-544-6424 or 1-877-544-6424

## 2 Seek medical attention

For confidential services, present (in person) to the Sexual Assault/Domestic Violence Program, **Kingston Health Sciences Centre (KHSC) Emergency Department** – KGH site  
41 King Street West

To have someone accompany you to the hospital, contact  
Sexual Assault Centre Kingston  
(24/7 crisis lines)  
**613-544-6424** or **1-877-544-6424**

Sexual Health Resource Centre  
LaSalle Building, Room 215  
**613-533-2959** [shrckingston.org](http://shrckingston.org)

### Options for care may include

- Emergency medical care
- Testing and treatment of sexually transmitted illnesses, HIV, pregnancy
- Forensic (DNA) evidence collection
- Photographic injury documentation

### For evidence collection, try not to

- Shower, bathe, or use the washroom prior to a medical exam
- Change, wash, or destroy clothing
- Clean up the scene

Call or go to **Student Wellness Services**, Mitchell Hall, 1st floor, 69 Union Street, **613-533-2506**

## 3 Get support

To seek support, contact

- **Barb Lotan**, the Queen's University Sexual Violence Prevention and Response Coordinator for information and to review your options (referrals, accommodations, and filing a complaint): [bjl7@queensu.ca](mailto:bjl7@queensu.ca) or **613-533-6330**
- **Counselling Services, Student Wellness Services**  
Mitchell Hall, 1st floor, 69 Union Street,  
**613-533-2506**  
Ask for a referral to the Sexual Violence Counsellor
- **AMS Peer Support Centre**  
Rideau Building, Rooms 202-204, 207 Stuart Street  
**613-533-6000** ext **75111**  
[peersupport@ams.queensu.ca](mailto:peersupport@ams.queensu.ca)
- Information about additional resources can be found at [queensu.ca/sexualviolencesupport](http://queensu.ca/sexualviolencesupport)

### Additional professional counselling options

Counsellors are also available in Residences, Athletics and Recreation, at Four Directions, and some faculties and schools (Graduate Studies and Postdoctoral Affairs, Engineering, Commerce, Education, Medicine, Nursing, Arts and Science).

To find more information about counselling services on campus, visit: [queensu.ca/studentwellness/mental-health](http://queensu.ca/studentwellness/mental-health)

Choosing to disclose what happened in order to seek support does not initiate a complaint process. Queen's employees who receive a disclosure are required to notify the Sexual Violence Prevention and Response Coordinator (SVPRC), but will only share information that identifies you with your consent. If you allow your information to be shared, the SVPRC will reach out to you to offer support and resources. You are never required to file a complaint of sexual violence with the university or with the police. If you choose to submit a complaint to the university, you may determine your level of participation in the process.

## 4 Explore options

- To find out more about filing a complaint, contact **Barb Lotan**, Sexual Violence Prevention and Response Coordinator, [bjl7@queensu.ca](mailto:bjl7@queensu.ca) or **613-533-6330** (weekdays, daytime hours)
- To report directly to **Kingston Police Services**, contact **613-549-4660**
- File online using **VESTA**:  
Access police or campus reporting and support.  
[queensu.ca/sexualviolencesupport/vesta-campus](http://queensu.ca/sexualviolencesupport/vesta-campus)
- **Campus Security and Emergency Services**, can help with reports to Kingston Police  
**613-533-6733**