Emotion Focused Therapy for Children and Families

Dates: Wednesday June 13 – Friday June 15, 2018

Trainers: Dr. Mirisse Foroughe

Fee: $750.00 Clinician rate; $525.00 Graduate Student rate

The clinic is pleased to host an EFT for Children and Families Institute geared to all clinicians. This 3-day Institute will give registrants solid grounding in the skills required to engage parents in the treatment process for a child and to work more directly with emotions in child and/or parent treatment. Participants receive in-depth skill training through a combination of seminar, experiential exercises, video demonstrations, live modeling, case discussion, and coaching of practice sequences.

Participants will:
- Receive an overview of the theoretical basis for EFT applied to children and families
- Learn how to productively engage parents in the process of a child’s treatment and overcome common barriers to parent involvement
- Identify markers and tasks to use with children, parents, co-parents, and families
- Develop skills (e.g., sculpting, chair work) for working directly with each client’s emotions
- Practice live processing of clinician fears that can impede clinical effectiveness and confidence

Registration is limited to 30 registrants

Please forward any questions to yupc@yorku.ca