PSYC 100/6.0 ONLINE: Principles of Psychology

Site: Queen's Moodle
Course: PSYC 100 FW CDS Principles of Psychology
Book: Syllabus
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Computer Requirements
Welcome to the fascinating world of psychology, the science of behaviour and the mind. The purpose of this course is to introduce you to the broad range of topics that we study in the field of psychology, including perception, cognition, learning and motivation and their biological bases. Also reviewed are child development, individual differences, social psychology and abnormal (clinical) psychology. In the process you will hopefully gain some insight into what makes people think, feel, and behave the way that they do. This course is not intended to help you solve behavioural or emotional problems requiring professional attention.

The course follows a ‘blended model’, meaning that course material will be available in weekly online lessons and in the text, supplemented with video-captured lectures, and with opportunities to further explore and discuss this material in the 8 Discussions (linked to 7 Assignments) through the course – these are small-group discussions conducted over the web.

Warning! Please read the following important information about the course.

Unlike other distance courses you may have taken, this is not a self-paced course. The online component to this course, in the form of discussions and quizzes, must be completed at specific times.

We have included these components to help you keep up with the reading, and to promote deeper thinking and better learning through working with your classmates. The discussions and quizzes require your active participation throughout the course.

We expect that you will be available via high-speed internet on these key dates (see Timeline). These are the weeks of the 12 Quizzes, and the eight Discussions. You have two weeks to complete each quiz, and a five-day period to participate in each Discussion. It is your responsibility to get in touch with us at PSYC100D@queensu.ca as soon as possible if you have a conflict with any of these dates.

For students who will be out of Canada for the duration of the term, please note that we have had instances in the past where certain Web sites that are required to complete the online courses, including Moodle, have been blocked intermittently in some countries (e.g. China). If the course you enroll in requires the completion of online quizzes or exams, this may pose an impediment to you successfully completing the course. We do not make accommodations based on the lack of reliable Internet access. It is your responsibility to make sure that you will have adequate high speed Internet coverage for the entirety of the term.

Online is through the Moodle e-learning environment.

Please note: Updates concerning your course will be sent to your Queen’s NetID account ONLY.
Learning Objectives

1. Summarize the major areas and themes of psychology.
2. Demonstrate how topics in psychology can be fruitfully addressed at different levels of analysis and with different perspectives (e.g., developmental, clinical, comparative).
3. Demonstrate an understanding of the role of genes and environment in determining behaviour and mental processes.
4. Describe the major psychological theories and the empirical evidence upon which they are based.
5. Apply the scientific method to the formulation and answering of questions related to psychology.
6. Assess the validity of, and provide accurate interpretations of, psychological findings.
7. Communicate the relevant and potential contributions of psychology to everyday life and society as a whole.
Course Components

The weekly checklists will guide you through what is required each week. Please use the checklists to stay on top of what is required weekly.

**How will I learn?**

**What do I need to buy?**

**How much time should I spend on this course weekly?**

Overview & key dates

**Communication**
2. One weekly videocaptured lecture, posted on Moodle.
3. Textbook readings. In general, the textbook is intended to supplement the on-line lessons. Do the online lessons FIRST and use the textbook for clarification, to deepen your understanding, and if you wish to know more about a topic.
4. Asynchronous small group discussions/assignments every 3-4 weeks.
5. Quizzes (each open for 2 week periods).
What do I need to buy?

Required Materials
Available from Queen's Campus Bookstore (http://www.campusbookstore.com):

**Textbooks**

**Pearson Media Card Access Code**
Required to access the weekly on-line lessons through Moodle. This is also available at the bookstore; Bundled with new textbooks; if you bought a used textbook, you will need to buy this separately (comes with eText). Be sure to compare prices if you buy it as a standalone item.

**Web Materials**
PSYC 100 uses a web-based learning management system called Moodle. This site includes downloadable course notes (through Pearson) for each week, a list of the readings you should accomplish each week, message boards for students, the Question & Answer forum, etc. In sum: everything you want to know about PSYC 100.
How much time do I need to spend on this course weekly?

<table>
<thead>
<tr>
<th>Activity</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Completing/reviewing online lessons</td>
<td>4 hours every week</td>
</tr>
<tr>
<td>Reading/reviewing the text</td>
<td>1-2 hours every week, as required</td>
</tr>
<tr>
<td>Discussion participation</td>
<td>2 hours approximately every third week</td>
</tr>
<tr>
<td>Assignment write up</td>
<td>4 hours approximately every third week</td>
</tr>
<tr>
<td>View Video Lectures</td>
<td>1 hour every week</td>
</tr>
<tr>
<td>Quizzes</td>
<td>2 hours every 2 weeks</td>
</tr>
</tbody>
</table>

**Total:** Approximately **10** hours/week
Overview and Key Dates

See course timeline
Communication

The university communicates with students by **Queen's email ONLY**. Please check your Queen's email regularly to ensure you do not miss out on important information.

PSYC 100 E-mail: If you have questions or concerns that you don’t want to post on a discussion board, you are welcome to write to [PSYC100D@queensu.ca](mailto:PSYC100D@queensu.ca) and our coordinating TA will either respond or will forward your message to the appropriate person. When writing an e-mail, please include your full name and student number to help us find your record. Please do not write to your TAs or Instructors using the Moodle “Send Message” option, because your e-mail address is not available and the respondent has to login to Moodle to reply, which wastes time.

If you have specific enquiries for your instructor that cannot be address by the coordinating TA, they can be referred to one of the 2 course coordinators [Jill.Atkinson@queensu.ca](mailto:Jill.Atkinson@queensu.ca), or [Cheryl.Hamilton@queensu.ca](mailto:Cheryl.Hamilton@queensu.ca). We are here to help and have set up a number of ways that questions can be asked and answered.

**Course Announcements** will be used to post news to the class. Copies of the announcements are also sent to your Queen's email account.

You are encouraged to use the "**Questions about the course?**" forum to post questions of general interest to the class. The TAs and other students in the class can reply to the posts in this forum. Copies of the forum posts are also sent to your Queen's email account.
Assessment

There are 4 assessment components. Please click on each of the components to get more detailed information (ie marking rubric etc).

1: **Quizzes**
   Average of 10 highest marks out of 12 participation quizzes: 10%

2: **Assignments**
   7 Assignments: 35%

3: **Discussions**
   8 Weeks of Discussion Participation: 15%

4: **Final Exam**
   Final 3-hour examination: 40%

*(Students must write and pass the final exam to pass the course.)*

Note: The late penalty for assignments is 0.5 marks (out of 5) for each day late. Assignments that are more than 1 week late will not be accepted and/or marked unless documentation is provided (see [Special Accommodations](#)).

See [timeline](#) for due dates. Please note that all times are in Kingston local time.
There are 12 quizzes, each open for two weeks. The quizzes will be made up of 20 multiple-choice questions based on the text and online lessons covered in that two-week period. Quizzes will test ONLY the relevant two weeks of material; they are not cumulative. The quizzes can be written from any computer with high-speed internet access. Each quiz will be open for a full two weeks from Monday at noon until the Monday 14 days later at noon, during which time you can take the quiz as often as you like. The highest mark you achieve during that week will be recorded as your mark on the quiz. The quiz will be accessible after it has closed but your participation will no longer be counted towards your mark.

Although you can use study aids like the text, notes and the internet for quizzes, it is in your own best interest to do it after you have read the text and completed the relevant online lessons. The final exam will have very similar questions, so it is essential that you understand, for each quiz question, why the right answer is right, and why the other answers are wrong. If you do the quiz on your own and without aids, this will give you valuable feedback about your own learning.

Of the 12 quizzes, your best 10 will count towards your final grade. You may choose to miss or forego the results of two quizzes, without documentation. After that, you will receive ‘0’ for a missed quiz and quiz grades are final. The only exception to this rule is if there are documented serious extenuating circumstances (see Special Accommodations).
Discussions

You will receive an email from your TA assigning you to a discussion group. For each of the 8 discussions, you will need to: (1) access the online Discussion board on the first day of each Discussion to submit your preparatory work, and (2) participate in the Discussion periodically over the next four days (although you can miss days if you are organized). Within the Discussion week, the Discussion board will open at noon on the Wednesday and close at midnight on Sunday. During this 5 day period, you will be expected to actively participate in that week's discussion topic by contributing at least 4 quality posts in addition to your initial preparatory post. Information on the discussion topics will be posted on Moodle under the corresponding week and will relate to the assignment.

Your discussion activity will be assessed according to the following rubric:

<table>
<thead>
<tr>
<th>Criterion</th>
<th>Needs Improvement</th>
<th>Acceptable</th>
<th>Good</th>
</tr>
</thead>
<tbody>
<tr>
<td>Frequency</td>
<td>Does not participate</td>
<td>Participates somewhat</td>
<td>Preparatory work submitted on time; at least 4 posts in the 5-day window of the discussion</td>
</tr>
<tr>
<td>Preparatory work posting</td>
<td>No initial post</td>
<td>Posts adequate work. Minimal thought and preparation; doesn't address all aspects of the task</td>
<td>Posts well developed; work that addresses all aspects of the task.</td>
</tr>
<tr>
<td>Discussion board posting</td>
<td>Posts no follow-up comments or questions</td>
<td>Contributions are superficial (e.g. just agrees or disagrees). Does not enrich discussion</td>
<td>Demonstrates analysis of other people's initial preparatory work (ie comments and requests for feedback). Extends discussion by building on previous posts</td>
</tr>
</tbody>
</table>
Assignments have submission deadlines (see timeline). You will need internet access to submit your assignments electronically on or before the due date. The seven assignments are coupled with the Discussions such that participation in the latter should help you with the former. Each assignment is due on the Friday after the Discussion ends.

<table>
<thead>
<tr>
<th>Criterion</th>
<th>Needs Improvement</th>
<th>Acceptable</th>
<th>Good</th>
</tr>
</thead>
<tbody>
<tr>
<td>Development of Ideas/Completeness and</td>
<td>Does not address all relevant issues. Lacks understanding of the concepts and does not demonstrate use of critical thinking.</td>
<td>Adequately addressed the issues and shows some understanding of the concepts but without much demonstration of critical thinking.</td>
<td>Addresses all of the relevant issues. Good understanding of the concepts and demonstrates critical thinking about the material.</td>
</tr>
<tr>
<td>Accuracy of Explanation/Justification</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Organization, Structure and Writing</td>
<td>Weak and unclear organization makes argument difficult to follow. Quality of writing makes arguments difficult to follow.</td>
<td>Some structure apparent, but ideas do not build or follow in a logical order; rambling in places. Writing is clear for the most part, with some problems in wording and style.</td>
<td>Well organized; arguments well integrated into coherent structure that pushes explanation forward. Writing is appropriately concise.</td>
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<td></td>
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</tbody>
</table>
Final Exam

The Final exam is three hours in length and includes multiple-choice questions as well as short and long-answer questions about the course material. It is held in April during the official exam period. The specific dates will be announced later in the term by the Registrar’s office. When you register for the course, you will indicate the exam centre location you will use for the final exam. Students living in the Kingston area will write the final exam on Queen’s campus. Once the exam schedule has been finalized the exam date will be posted on your SOLUS account. Students living in the Kingston area will write their final exam on Queen’s campus. Students writing off campus will receive an email to their Queen’s email account with full details of date/time/location of their exam.

Please note: off campus exams will be held on the same day as Kingston exams, but the start time may vary slightly due to the requirements of the off-campus exam centre. When you registered for the course, you indicated the exam centre location. If you do not remember the exam location you chose, or if you wish to change your exam location, please email: cds@queensu.ca or call 613-533-3322.

Click here for the deadline for changing your exam centre.

You must request the change prior to this deadline or you will be subject to a non-refundable administrative fee of $100.00 per exam.

All special needs students should contact CDS, immediately following registration to inform them of any special accommodations which may be required for proctored exams. Click here for further information regarding exams.

Requests to write a make-up exam because of conflicting travel plans (e.g. flight bookings) will NOT be considered except under extraordinary circumstances. Students are advised to wait until the final exam schedules are posted before making any travel arrangements.
Academic Integrity

Academic integrity is constituted by the five core fundamental values of honesty, trust, fairness, respect and responsibility (see www.academicintegrity.org).

These values are central to the building, nurturing and sustaining of an academic community in which all members of the community will thrive. Adherence to the values expressed through academic integrity forms a foundation for the "freedom of inquiry and exchange of ideas" essential to the intellectual life of the University.

Students are responsible for familiarizing themselves with the regulations concerning academic integrity and for ensuring that their assignments conform to the principles of academic integrity. Information on academic integrity is available in the Arts and Science Calendar (see Academic Regulation 1), on the Arts and Science website (see http://www.queensu.ca/artsci/academic-calendars/regulations/academic-regulations/regulation-1), and from the instructor of this course. For current policy updates visit: http://www.queensu.ca/artsci/about/academic-integrity.

Departures from academic integrity include plagiarism, use of unauthorized materials, facilitation, forgery and falsification, and are antithetical to the development of an academic community at Queen's. Given the seriousness of these matters, actions which contravene the regulation on academic integrity carry sanctions that can range from a warning or the loss of grades on an assignment to the failure of a course to a requirement to withdraw from the university.
Instructional Team

Coordinators
Lecturers
Teaching Assistants
Coordinating Professor:

Jill Atkinson, Ph.D.

I am an Associate Professor in the Dept of Psychology here at Queen's. I completed my undergraduate degrees in Music and Psychology at Queen's and, after a brief sojourn to the University of Waterloo to do my Master's, I returned to Queen's where I completed my PhD in Clinical Psychology. I worked for 10 years providing psychological services (assessment, case planning, treatment, and consulting) for the Correctional Service of Canada, spending most of my time inside the walls of the Prison for Women. I also worked for community mental health organizations, in rural schools and women's shelters, and as the site researcher for a large, multi-site, community-based, prevention project "Better Beginnings, Better Futures". I joined the faculty at Queen's as Undergraduate Chair which means that I am responsible for overseeing the undergraduate program; including helping coordinate the large PSYC 100 course. My favourite part of the job, hands down, is teaching and advising students! I look forward to working with the instructors and our many wonderful lab facilitators. Together we will guide you through the fascinating world of psychology.

jill.atkinson@queensu.ca

Administrative Coordinator

Cheryl Hamilton

psyc100.coord@queensu.ca
The lectures are filmed at Queen's University in Fall/Winter 2014-2015. The lectures were by:

Fall  Professor Jordan Poppenk, Ph.D.
Winter Professor Ada Mullett, M.A.
Teaching Assistants

The following graduate students will be teaching assistants (TAs) for this course:

Chloe Hudson

I am a first year MSc student in Clinical Psychology. I completed my undergraduate degree at the University of Guelph in psychology. I work in the autism spectrum disorders lab and my research focuses on looking at bullying in this population. I love yoga, softball, and really cheesy knock knock jokes. Knock knock? Who's there. Chloe. Chloe who? Chloe's excited to be your TA!

Sue Yap

I am a first year MSc student in Social Psychology department at Queen's University, and would love to pursue my PhD here in the near future. After graduating, I worked as a behavioural therapist for children with Autism Spectrum Condition for 2 and a half years. My interest generally lies in various aspects of social cognitive developments, their influence on children's social developments, as well as their judgements and decision-making. When I have time, I dabble in novel readings, wine appreciation and yoga! Although this is my first experience in facilitating Psyc100D, I am very excited about learning and discussing the various Psychology topics with you!

Mark Zhei

I am currently a graduate student with Professor Ji at Queen's University. Broadly, I'm interested in understanding the influence of culture and social environments in people's decision making. I adopt a multidisciplinary and integrative approach to my research, drawing upon both diverse theories and methods from fields such as social psychology, behavioral economics, and the evolutionary perspective. When time permits, I dedicate my time to Literature and the creative process, penning proses, and short stories.

They will answer your questions on the Moodle "Questions about this course?" forum, they will facilitate your Discussions on Moodle, apply marking rubrics to your Discussion posts, to your Assignments, and to the final exams.
Email: PSYC100D@queensu.ca

Questions about the course? discussion board: TAs will answer questions about the course. Note that they will not answer right away, in order to give your peers an opportunity to answer.

PSYC 100 E-mail: If you have questions or concerns that you don’t want to post on a discussion board, you are welcome to write to PSYC100D@queensu.ca and our coordinating TA will either respond or will forward your message to the appropriate person. When writing an e-mail, please include your full name and student number to help us find your record. Please do not write to your TAs or Instructors using the Moodle “Send Message” option, because your e-mail address is not available and the respondent has to login to Moodle to reply, which wastes time.

Office Hours: May be arranged by appointment, by writing to PSYC100D@queensu.ca. We can hold in person or online (e.g., Skype) office hours by appointment.

If you have specific enquiries for your instructor that cannot be address by the coordinating TA, they can be referred to one of the 2 course coordinators Jill.Atkinson@queensu.ca or Cheryl.Hamilton@queensu.ca. We are here to help and have set up a number of ways that questions can be asked and answered.
Grading Method

All components of this course will receive numerical percentage marks. The final grade you receive for the course will be derived by converting your numerical course average to a letter grade according to Queen’s Official Grade Conversion Scale:

**Queen’s Official Grade Conversion Scale**

<table>
<thead>
<tr>
<th>Grade</th>
<th>Numerical Course Average (Range)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A+</td>
<td>90-100</td>
</tr>
<tr>
<td>A</td>
<td>85-89</td>
</tr>
<tr>
<td>A-</td>
<td>80-84</td>
</tr>
<tr>
<td>B+</td>
<td>77-79</td>
</tr>
<tr>
<td>B</td>
<td>73-76</td>
</tr>
<tr>
<td>B-</td>
<td>70-72</td>
</tr>
<tr>
<td>C+</td>
<td>67-69</td>
</tr>
<tr>
<td>C</td>
<td>63-66</td>
</tr>
<tr>
<td>C-</td>
<td>60-62</td>
</tr>
<tr>
<td>D+</td>
<td>57-59</td>
</tr>
<tr>
<td>D</td>
<td>53-56</td>
</tr>
<tr>
<td>D-</td>
<td>50-52</td>
</tr>
<tr>
<td>F</td>
<td>49 and below</td>
</tr>
</tbody>
</table>
Special Accommodations

Accommodations will be granted for the following reasons:

- Disabilities
- Faith Observance
- Illness/Personal Problems
Disabilities

If you are registered with Disability Services (Lasalle Bldg, 533-6467; http://www.queensu.ca/heds/ds/) special accommodations are allowed under the following conditions:

1) The student notifies the Coordinating TA (PSYC100D@queensu.ca) of their need for accommodation in advance. If such contact has not been made, it may not be possible to provide the accommodations in a timely fashion. Please note that it is important to contact Disability Services as early as possible in Fall Term to allow time for you to be registered for special needs consideration.

2) The student provides documentation PSYC100D@queensu.ca.
Faith Observance

If you are unable to write any quiz or exam due to faith observance, please contact the Coordinating TA PSYC100D@queensu.ca early in the term, to make alternate arrangements for all relevant dates. Last minute requests will not be accommodated.
Illness/Personal Problems

If you are too ill to complete an assignment, you must email PSYC100D@queensu.ca and provide documentation.

If you are too ill to write an exam, or if you are not able to perform well due to a serious extenuating circumstance for which you can provide documentation (e.g., death in the family), you must email PSYC100D@queensu.ca prior to the exam or by phone (533-2493) and then do not write the exam. Instead, please seek medical treatment or counselling as needed and provide the UG office (Humphrey 225: ugpsyc@queensu.ca) with the documentation. Psychology 100 make up exam will be on Sept 12/13th.

Once an exam is written, your grade stands. You will have the opportunity to drop the course until June 27th. If you are having difficulty and are unsure about whether to drop the course, please e-mail PSYC100D@queensu.ca and ask to consult with the course instructor, Dr. Atkinson. Otherwise, if you choose to continue in the course, you are considered to have made a valid attempt and your final grade stands. If something happens after the drop date, please email PSYC100D@queensu.ca and ask to consult with one of the course instructors.

See http://www.queensu.ca/psychology/Undergraduate/psycdepartmentalpolicies.html for more information.
Other Services and Help

- Academic Support
- Personal Support
- Technical Support
Academic Support

The Library is here to help you make the most of your time at Queen’s. It offers many great services to enhance your learning while at Queen’s.

General Library Services

http://library.queensu.ca

Writing Services

http://queensu.ca/writingcentre
Personal Support

If you are having personal difficulties that make it hard to learn, or to keep up with the material, contact the Coordinating TA at email PSYC100D@queensu.ca.

You are encouraged to contact the Queen’s counselling service as they provide a range of helpful services for students.

There are several options when you run into difficulty, but you need to tell us as soon as possible. Do not just keep falling behind!

Student affairs supports a diverse array of programs and services to help students.

Career Services offers students, faculty, employers and alumni various services including workshops.
Technical Support

Contact CDS: cds@queensu.ca or phone 613-533-3322

OR

Submit your problem to ITS:

https://www.queensu.ca/its/forms/itsc/helpform/ or phone 613-533-6666.
Tips for Success

Check Moodle frequently for course announcements and weekly updates regarding readings, discussions and assignment requirements.

Read the appropriate sections of your text and review the online course notes before you participate in the discussions.

Seek clarification as soon as possible about any confusing concepts.

Contribute questions (and answers!) to Questions about the course? forum on Moodle.

Complete your discussion preparatory work on time, and participate actively in discussions. Submit your assignments on time.

Contact Student Academic Support Services for help in preparing for and writing essays and multiple-choice exams. They are located in the Learning Commons at Stauffer Library. Click here for learning strategies workshops and study tips.

Note that there are no copies of previous final exams available. However, the weekly quizzes are excellent preparation for the multiple-choice portions. If you stay on top of the material, do the quizzes as described above, and practice short-answer questions, you will be well prepared. We do not support the 'exam preparation' companies that come onto campus in the final few weeks before exams. These companies do not have sanctioned access to the PSYC100 course material and may not be working from a current, updated syllabus.

Your Psyc100 team - Instructors and TAs – are in the best position to help you prepare for exams!
Moodle Site

Moodle Announcements and News

The instructor will use the Announcements forum to post news to the class. Copies of the announcements are also sent to your Queen’s email account.

Moodle Question and Answer Forum

You are encouraged to use these forums to post questions of general interest to the class. The instructor, TA (if any), and other students in the class can reply to the posts in this forum. Copies of the forum posts are also sent to your Queen’s email account.

Timeline and Calendar

The link to the Course Timeline is located in the top right corner of the table on the course homepage and shows the dates for all of the assessments used in this course as well as provides links to other important course information. Please check the Timeline each time you enter the course.

The calendar located in the top right corner of the course Moodle homepage shows important course dates, such as assignment due dates and quiz due dates. Please check the calendar frequently.

If there are discrepancies between dates in the course Moodle site, the Timeline will be considered accurate.
Computer Requirements

Microsoft Window Client:
- Windows: XP/Vista/Windows 7
- Pentium III 1 GHz processor
- 256 MB RAM
- Soundcard with speakers and microphone or preferably a headset

Mac:
- OS X 10.5
- G4, G5 or Intel processor
- 256 MB RAM
- Internal, USB or external iSight microphone

Browser:
- FireFox (recommended)
- Internet Explorer version 6 or higher

Java:
- Version 1.5 or higher (Note: Windows users can use only the 32-bit version of Java - not the 64-bit version)

Internet Connection:
- High speed access: ADSL, Cable or better

Media Player:
- Flash 9 or higher

Adobe Reader
- Version 7 or above