This introductory training session on dialectical behavior therapy will provide participants with a basic overview of the applications of dialectical behavior therapy (DBT). Topics will include the theoretical components, assumptions, and stages of the therapy; DBT case conceptualization; treatment components; stylistic and treatment strategies; an overview of dialectical behavior skills; and crisis coaching.

Dr. Christine Sloss is a licensed clinical psychologist with over 20 years of experience working with children, youth, parents, families, couples and adults. She treats clients struggling with mood and anxiety disorders, eating disorders, personality disorders (e.g. BPD), addictions, trauma, relationship issues, and family or parenting challenges.

**Registration Fee**

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<th>By April 25th</th>
<th>After April 25th</th>
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<td>Regular</td>
<td>$150.00</td>
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**Dialectical Behaviour Therapy Registration Form**

Name: ____________________________________________________________

Professional Affiliation/Discipline: ____________________________________________

Student: YES NO School: ___________________________ Student #: ________________

Email: ___________________________ Phone #: ___________________________

To register: Submit form in person or by mail to the address below. Alternatively, you can scan and email this form to psycclin@queensu.ca; we will then hold a spot for 10 days until payment is received. Cash or cheque only. Please make cheque payable to ‘Queen’s University’.

Please submit your payment and registration form to:

Psychology Clinic Re: Dialectical Behaviour Therapy Workshop
Department of Psychology
Queen’s University
184 Barrie Street
Kingston, ON K7L 3N6

You will be notified by email within 3 working days of receipt of your registration.