

# We're Here to Help



## Emergency Services 24/7/365

Fire-Police-Ambulance ..... **911**  
Queen's Emergency Report Centre ..... **613-533-6111**

## Queen's Campus Supports

Campus Security (non-emergency or general inquiries) 24hrs ..... **613-533-6733**

Student Wellness Services ..... **613-533-2506**

- **Health and Counselling Services:** Mon-Fri: [queensu.ca/studentwellness](https://queensu.ca/studentwellness)
- **Console:** 24/7 crisis support & undergrad mental health resources: [studentcare.ca/console\\_signup](https://studentcare.ca/console_signup)
- **Empower Me:** 24/7/365 service for SGPS members seeking support: <https://sgps.click/empower>

AMS Peer Support Centre ..... [amspeersupport.com](https://amspeersupport.com)

SGPS Student Advisors ..... [advisors@sgps.ca](mailto:advisors@sgps.ca)

Faith & Spiritual Life ..... [chaplain@queensu.ca](mailto:chaplain@queensu.ca)

For confidential, spiritual support

Walkhome ..... **613-533-9255**

Student-run safety service

Harassment and Discrimination ..... [queensu.ca/secretariat/hd](https://queensu.ca/secretariat/hd)

Policy, complaint, and reporting procedures

Need help and not sure where to start? ..... [studentaffairs@queensu.ca](mailto:studentaffairs@queensu.ca)

## Community-Based Supports

Addiction and Mental Health Services Kingston: Crisis Line 24hrs ..... **613-544-4229**

Good2Talk: Post-Secondary Student Mental Health Helpline 24hrs ..... **1-866-925-5454**

Health Connect Ontario Medical Advice 24hrs ..... **811**

Lesbian, Gay, Bisexual, & Transgender Youth Line Sun-Fri 4 pm-9:30 pm, text only ..... **647-694-4275**  
[youthline.ca](https://youthline.ca)

Telephone Aid Line Kingston (TALK) 6 pm-2 am ..... **613-544-1771**  
[telephoneaidlinekingston.ca](https://telephoneaidlinekingston.ca)

## If You Experience Sexual Violence

Queen's Sexual Violence Prevention and Response Coordinator ..... [bjl7@queensu.ca](mailto:bjl7@queensu.ca)  
Contact Barb Lotan for support, information, and to review your options, Mon-Fri **613-533-6330**

• Go to a safe place. Call **Queen's Emergency Report Centre** ..... **613-533-6111**  
or **911** for safety assessment and planning

• Contact Sexual Assault Centre Kingston for 24/7 crisis support ..... **1-877-544-6424**

• Seek medical attention. For confidential services, present (in person) to the **Sexual Assault/Domestic Violence Program, Kingston Health Sciences Centre (KHSC) Emergency Dept. - KGH site**

Options for care may include: emergency medical care, testing/treatment of sexually transmitted illnesses, HIV, or pregnancy, forensic (DNA) evidence collection, photographic injury documentation