STEPS FOR STUDENTS TO TAKE AFTER A RECENT SEXUAL ASSAULT

The BISC is committed to providing non-judgemental sexual assault support and response. Sexual assault is any kind of unwanted sexual activity. The BISC encourages survivors to reach out for support and offers the following steps as options to consider.

1. **GO TO A SAFE SPACE**
   - For safety assessment and planning, call BISC Student Services or 999

2. **SEEK MEDICAL ATTENTION**
   - For confidential services, call the Saturn Centre, Sexual Assault Referral Centre, 0800 033 7797
   - Call immediately for STI prevention and care for injuries and within 7 days for medical evidence collection

3. **GET SUPPORT AND EXPLORE OPTIONS**
   - For confidential support, assistance, safety planning, reporting options, advocacy, liaison, counselling, supporting documentation for academic accommodations, and referral to campus and community resources, contact BISC Student Services, or Queen’s University Sexual Violence Prevention and Response Coordinator: bjl7@queensu.ca / 001-613-533-6330

4. **HOSPITAL ACCOMPANIMENT OPTIONS (24/7)**
   - Student Life Coordinators
   - Assistant Student Services Managers
   - Student and Enrolment Services Manager

5. **FOR MEDICAL EVIDENCE COLLECTION, TRY NOT TO:**
   - shower, bathe or use the washroom prior to medical exam,
   - change, wash or destroy clothing,
   - clean up the scene.

6. **REPORTING OPTIONS**
   - **FORMAL REPORTING**
     - Sussex Police—999
   - Student Services can provide information about formal and informal reporting options, including through the BISC Conduct System

7. **PROFESSIONAL COUNSELLING OPTIONS**
   - BISC Counselling Service
     - counselling@bisc.queensu.ac.uk
     - Ask for an appointment with a counsellor; indicate it is a crisis related to sexual assault
   - Survivor’s Network
     - info@survivorsnetwork.org.uk
   - Counselling Plus
     - admin@counsellingplus.org

**UNIVERSITY COMMITMENT TO SURVIVORS**

All individuals who have experienced sexual assault can expect to:

- Be treated with compassion, dignity, and respect;
- Be provided with timely safety planning assistance;
- Be informed about on and off-campus support services and resources available to them;
- Be provided with non-judgmental and empathetic support;
- Be provided with academic accommodations as appropriate
- Determine whether and to whom they wish to disclose or report their experience; and
- Be the integral decision-maker in situations pertaining to them.