# PSYC 370 - Brain and Behaviour II - 2015 - For use with 9<sup>th</sup> Edition

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**<u>Text:</u>** Biopsychology (8<sup>th</sup> or 9<sup>th</sup> edition)

JPJ Pinel Allyn and Bacon

## **INTENDED STUDENT LEARNING OUTCOMES**

To complete this course, students will demonstrate their ability to:

- 1. Outline the primary stages of neural development in humans.
- 2. Describe the process of neuroplasticity and how it relates to learning.
- 3. Summarize current theories on the biopsychology of eating, sleeping, sexual behaviour, and drug addiction.
- 4. Evaluate research findings relating to the biopsychology of motivation, cognition, and emotion.

#### **EXAMS AND GRADING**

| DATE                  | EXAM            | MATERIAL COVERED   | % OF FINAL MARK |
|-----------------------|-----------------|--|-----------------|
| Tuesday<br>February 7 | Midterm Exam I  | Section 1- Chapters 9, 10 (general exam format, see below)             | 25%             |
| Tuesday<br>March14    | Midterm Exam 11 | Section 2 - Chapters 12, 13, 14  (general exam format)                 | 25%             |
|                       | Final Exam      | Section 3 - Chapters 15, 17, 18  (general exam format)                 | 25%             |
|                       |                 | Chapters 9-18 (but excluding Chapters 11 & 16)  (multiple choice only) | 25%             |

General exam format: Exams will consist of fill-in-the-blank, definitions, short answer and multiple-choice questions. Short answer and fill-in-the blank questions cover material that is delivered during lectures. Any material in the text is fair game for a multiple choice question, regardless of whether was covered in lectures or not. Thus, YOU ARE RESPONSIBLE FOR ALL OF TEXT MATERIAL FROM THE ASSIGNED CHAPTERS, INCLUDING MATERIAL FROM PAGES THAT DO NOT APPEAR ON THE RECOMMENDED READING LIST. That list is purely meant to help you prepare for the lectures.

NOTE: There are NO MAKEUP EXAMS FOR THE TWO MIDTERMS. Excused absences (e.g., illness, family crisis) from the midterm must be documented. The weight of the missed midterm will be either 1) transferred to the final exam OR 2) 10% can be transferred to the other midterm and 15% to the final (this latter option has to be chosen before you write the final. Contact me by email and let me know your choice.

# **PSYC Departmental Policies**

#### **Missed Exams**

Students who cannot write an exam during the December or April exam period due to a serious, extenuating circumstance (illness, death in the family) must follow the steps below to be eligible, and be available to write a deferred exam during the PSYC department's *Make up Exam period:* January 13/14<sup>th</sup>, April 28/30<sup>th</sup>, or September 14/15, 2012.

- 1. Obtain permission from their instructor to write a deferred exam. This requires notifying your instructor in advance or, under extraordinary circumstances, within 72 hours after, the exam, with appropriate documentation. Please use the *Request for an Exam Deferral* form found on our website or from the UG office and attach your documentation.
- 2. Complete and return the instructor-signed *Permission for an Incomplete Grade* form available on the Arts and Science website and return it to the UG office. http://www.queensu.ca/artsci/sites/default/files/Permission for an incomplete grade%2021jan2011.pdf
- 3. Be available to write the makeup exam during the first available PSYC *Make up Exam period:* January 13/14<sup>th</sup>, April 28/30<sup>th</sup>, or September 14/15, 2012.

**NOTE:** Students who do not write the makeup exam are advised to drop the course. If a student cannot write the makeup exam due to a serious extenuating circumstance for which they can provide new documentation, they will either be granted a second deferral by their instructor or be supported in their appeal to drop the course after the deadline though this decision rests with the Associate Dean (Studies).

## Accommodation after the fact

Once a student has written an exam or submitted an assignment, they may not subsequently be granted accommodation such as being offered a second opportunity to write the exam or assignment or have it count for less than originally specified in the course syllabus (reweighted).

# Travel during exams

According to university regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods as well as during any scheduled class times. Requests to write a make-up exam because of conflicting travel plans (e.g. flight bookings) or requests to miss an in class exam due to other plans will NOT be considered except under extraordinary circumstances. Students are advised to wait until the final exam schedules are posted before making any travel arrangements.

<sup>&</sup>lt;sup>1</sup> Appropriate documentation includes a signed letter from a registered health professional, Queens HC&DS, or documentation of a death such as a bulletin from a memorial service, obituary (newspaper or online) or funeral home letter. Official documents will be copied and originals returned to the student. Note that the PSYC department

randomly checks document authenticity and that fraudulent documents will be grounds for a finding of a major departure from academic integrity.

## **MARKING SCHEME**

Psych 370 will utilize a "*Numbers In, Letters Out*" marking scheme: You will be given a percentage (%) grade for the 1rst and  $2^{nd}$  midterm exams (e.g., 92% and 89%). (Midterm marks will be posted on Moodle.) A percentage grade will be calculated for the final exam (e.g., 96%), and the 3 grades will be used to determine a weighted average (e.g., [(.25 \* 92) + (.25 \* 89) + (.50 \* 96)] = a weighted average of 93.25). The final % grade will then be converted to a letter grade (e.g., 93.25% = A+; ©).

The final grade you receive for the course will be derived by converting your numerical course average to a letter grade, according to Queen's Official Grade Conversion Scale.

# Queen's Official Grade Conversion Scale

| Grade | Numerical<br>Course<br>Average<br>(Range) |
|-------|---|
| A+    | 90-100                                    |
| Α     | 85-89                                     |
| A-    | 80-84                                     |
| B+    | 77-79                                     |
| В     | 73-76                                     |
| B-    | 70-72                                     |
| C+    | 67-69                                     |
| С     | 63-66                                     |
| C-    | 60-62                                     |
| D+    | 57-59                                     |
| D     | 53-56                                     |
| D-    | 50-52                                     |
| F     | 49 and below                              |

|                     | SECTION 1 - BRAIN PLASTICITY  |                             |  |  |
|---------------------|---|-----------------------------|--|--|
| Tuesday,<br>Jan 10  | Course Organization   |                             |  |  |
| Thursday,<br>Jan 12 | Development of the Nervous System: - prenatal neurodevelopment  | Chapter 9<br>Pages 213-220  |  |  |
| Friday,<br>Jan 13   | Development of the Nervous System: - postnatal development  | Chapter 9<br>Pages 213-220  |  |  |
| Tuesday,<br>Jan 17  | Development of the Nervous System - disorders of neurodevelopment: Fetal Alcohol Syndrome   | Chapter 9<br>Pages 227-231  |  |  |
| Thursday,<br>Jan 19 | Brain Damage and Neuroplasticity - disorders of neurodevelopment: Autism and Fragile X  | supplementary               |  |  |
| Friday,<br>Jan 20   | Lecture Cancelled - At Home Assignment - Building Brains: The Molecular Logic of Neural Circuits, TM Jessell, Ph.D. http://www.hhmi.org/biointeractive/neuroscience/lectures.html |                             |  |  |
| Tuesday,<br>Jan 24  | Brain Damage and Neuroplasticity - neuropsychological diseases: epilepsy  | Chapter 10<br>Pages 240-242 |  |  |
| Thursday,<br>Jan 26 | Brain Damage and Neuroplasticity - neuropsychological diseases: Huntington's  | Chapter 10<br>Page 243      |  |  |
| Friday,<br>Jan 27   | Brain Damage and Neuroplasticity - neuropsychological diseases: Parkinson's disease   | Chapter 10<br>Page 242      |  |  |
| Tuesday,<br>Jan 31  | Brain Damage and Neuroplasticity - neuropsychological diseases: Alzheimer's   | Chapter 10<br>Pages 244-246 |  |  |
| Thursday,<br>Feb 2  | Brain Damage and Neuroplasticity - responses to brain damage  | Chapter 10<br>Pages 247-256 |  |  |
| Friday,<br>Feb 3    | Lecture Cancelled - At Home Assignment Mapping Memory in the Brain, by Eric R. Kandel, MD http://www.hhmi.org/biointeractive/neuroscience/lectures.html                           |                             |  |  |
| Tuesday,<br>Feb 6   | MIDTERM EXAM 1 -BRAIN PLASTICITY  | Chapters 9 &10              |  |  |

| SECTION 2 - MOTIVATION |  |                             |  |  |
|------------------------|--|-----------------------------|--|--|
| Thursday, Feb 8        | Hunger, Eating, and Health: - digestion and energy flow; phases of energy metabolism                     | Chapter 12<br>Pages 288-290 |  |  |
| Friday, Feb 10         | Hunger, Eating, and Health: - neural regulation of hunger and satiety                                    | Chapter 12<br>Pages 297-301 |  |  |
| Tuesday, Feb 14        | Hunger, Eating, and Health: - obesity  | Chapter 12<br>Pages 305-309 |  |  |
| Thursday, Feb 16       | Hunger, Eating, and Health: - eating disorders: anorexia   | Chapter 12<br>Pages 309-312 |  |  |
| Friday Feb 17          | No Class - use this opportunity to review material class and to catch up (or get ahead!) in the readings |                             |  |  |
| Feb 20-24              | READING WEEK   |                             |  |  |
| Tuesday, Feb 28        | Hormones and Sex - hormones and sexual development - disorders of sexual development                     | Chapter 13<br>Pages 320-340 |  |  |
| Thursday, Mar2         | Hormones and Sex - neural regulation of sexual behavior  | Chapter 13<br>Pages 334-336 |  |  |
| Friday, Mar 3          | Sleep, Dreaming, and Circadian Rhythms: - sleep physiology - sleep and learning and memory               | Chapter 14<br>Pages 343-344 |  |  |
| Tuesday, Mar 7         | Sleep, Dreaming, and Circadian Rhythms: - sleep, the immune and glymphatic systems                       | No readings                 |  |  |
| Thursday, Mar 9        | Sleep, Dreaming, and Circadian Rhythms: - the circadian clock  | Chapter 14<br>Pages 352-357 |  |  |
| Friday, Mar 10         | Sleep, Dreaming, and Circadian Rhythms: - sleep disorders  | Chapter 14<br>Pages 360-362 |  |  |
| Tuesday, Mar 14        | MIDTERM EXAM II - MOTIVATION   | Chapters 12 – 14            |  |  |

| SECTION 3 - DISORDERS OF COGNITION AND EMOTION |   |  |  |  |
|--|---|--|--|--|
| Thursday, Mar 16                               | Drug Addiction and the Brain's Reward Circuits - biopsychological theories of addiction - drug addiction and the brain's reward system          | Chapter 15<br>Pages 384-391                  |  |  |
| Friday, Mar 17                                 | Drug Addiction and the Brain's Reward Circuits - chronic drug abuse-induced changes in brain  | Chapter 15<br>No readings                    |  |  |
| Tuesday, Mar 21                                | Biopsychology of Emotion, Stress, and Health: - the stress response - stress and the hippocampus  | Chapter 17<br>Pages 438-440                  |  |  |
| Thursday, Mar 23                               | Biopsychology of Emotion, Stress, and Health: - early experience of stress - individual differences in sensitivity to stress                    | Chapter 17<br>Pages 442-443                  |  |  |
| Friday, Mar 24                                 | Biopsychology of Emotion, Stress, and Health: - fear conditioning and the amygdala  | Chapter 17<br>Pages 433-435                  |  |  |
| Tuesday, Mar 28                                | Biopsychology of Emotion, Stress, and Health: - emotions and facial expression - brain mechanisms of human emotion; fear and the human amygdala | Chapter 17<br>Pages 428-430<br>Pages 436-438 |  |  |
| Thursday, Mar 30                               | Biopsychology of Emotion, Stress, and Health: - neurobiology of social bonding  | Chapter 17<br>No readings                    |  |  |
| Friday, Mar 31                                 | Biopsychology of Psychiatric Disorders: - schizophrenia – neurodevelopmental theory   | Chapter 18<br>Pages 447-449                  |  |  |
| Tuesday, April 4                               | Biopsychology of Psychiatric Disorders: - schizophrenia – dopamine theory; brain damage   | Chapter 18<br>Pages 449-453                  |  |  |
| Thursday, April 6                              | Biopsychology of Psychiatric Disorders: - affective disorders: depression – diathesis stress theory   | Chapter 18<br>Pages 454-459                  |  |  |
| Friday, April 7                                | Biopsychology of Psychiatric Disorders: - emotion regulation - stress, meditation and the brain   | Chapter 18<br>No readings                    |  |  |