COURSE DESCRIPTION

The experimental approach to understanding the causes, symptoms, course, and treatment of mental illness is emphasized in the analysis of disorders of affect (e.g. depression), cognition (e.g., schizophrenia), and problem behaviours (e.g., addictions).

UNIVERSITY OPERATING DATES

Please visit the Faculty of Arts and Sciences Sessional Dates website for all academic deadline.

TIMELINE

The Course Timeline shows all relevant course dates, including assessments, as well as links to other important course information. As dates may change, you should consult the Timeline each time you log in to the course.

Please note, some students may see an onQ Calendar for their course. However, the onQ calendar does not display all dates associated with your course assignments. For complete information all of your assignments in this course and the start and close dates, please refer to the **Course Timeline**.

If there are discrepancies between dates in the course onQ site, the Timeline will be considered accurate.

All times are in Kingston time (Eastern Time).

LEARNING OUTCOMES

By the end of this course, you will:

- 1. Distinguish the diagnostic features of mental disorders to critically evaluate their overlapping and independent features
- 2. Identify the independent and interactive biological and environmental factors associated with mental illnesses to evaluate the possible contributing factors to the onset and course of the conditions
- 3. Contrast available treatment options for mental illnesses to critique the historical, present, and nascent opportunities to reduce symptoms and improve functioning
- 4. Critically evaluate basic research and clinical methods for classifying psychopathological conditions
- 5. Utilize the above information in developing case conceptualizations

TOPICS

WEEKS	TOPICS
Week 1	Historical perspectives on abnormality and classification
Week 2	Research methods and assessment
Week 3	Mood disorders and suicide
Week 4	Anxiety disorders
Week 5	Treatments for mood and anxiety
Week 6	Schizophrenia
Week 7	Personality disorders
Week 8	Substance abuse
Week 9	Somatic symptoms and interactions between mental and physical health
Week 10	Eating disorders
Week 11	Sex and gender identity disorders
Week 12	Mental health issues in childhood and adolescence

COURSE MATERIALS

The following material is available from the Queen's Campus Bookstore:

- Dozois, D.J.A. (2019). *Abnormal Psychology: Perspectives, DSM-5 update edition, 6th edition.* North York, Ontario. ISBN-10: 0134428870 ISBN-13: 9780134428871
- DSM V Clinical Cases, John W. Barnhill (available full text online at library)

SUGGESTED TIME COMMITMENT

Students can expect to spend approximately 10-12 hours a week in study/practice and online activity for this course.

WEIGHTING OF ASSESSMENTS

Week Quizzes (best 10 of 12)	15%	Learning Outcomes 1, 2
Case Study 1: Summary and diagnosis	5%	Learning Outcomes 1, 2, 3, 4, 5
Case Study 2: Summary, diagnosis,	10%	Learning Outcomes 1, 2, 3, 4, 5
treatment		
Case Study 3: Case Conceptualization	17.5%	Learning Outcomes 1, 2, 3, 4, 5
Case Study 4: Case Conceptualization	17.5%	Learning Outcomes 1, 2, 3, 4, 5
Final Exam	35%	Learning Outcomes 1, 2, 3, 4

LATE ASSIGNMENT SUBMISSION POLICY AND REGRADE REQUESTS

A late penalty of 5% per day will be applied to all assessments in this course, except quizzes. Quizzes must be submitted prior to close or cannot be accepted.

REGRADING REQUESTS

We have tried to make assignment instructions and marking criteria as transparent as possible, and the teaching team interacts frequently to maximise consistency. That said, we have a lot of assignments to mark so sometimes mistakes occur. If you feel your assignment has been marked in a way that is inconsistent with stated assignment instructions and/or rubrics, submit a formal request for a re-grade within 72 hours of receiving your grade. If you have provided a clear rationale for a regrade based on the stated marking criteria, your assignment will be marked by a second TA blinded to original mark. If the 2nd grade is in same grading boundary (e.g. a B- is still a B-), the grade will stay the same. If it is above or below the original grade boundary, the course instructor will read the assignment, taking both reports into account and decide which grade is more appropriate. Please note, however, that this could result in your mark being lowered or staying the same.

We will only increase marks if there has been a clear and demonstrable violation of stated grading standards. There are many other reasons that students might be disappointed with marks. These might include being accustomed to getting higher marks (e.g. "I'm an A student, this is the first B I've ever received"), needing a particular grade to achieve a goal ("I need an A to get into the Honour's program"), feeling like the grade did not match the effort put in ("I worked for a long time on this, I think I earned a better mark"), or being frustratingly close to a grade cut off ("If I got an extra half point, this would be an A- instead of a B+). We understand why these can lead to disappointment and frustration, but we cannot arbitrarily raise marks for these types of reasons and maintain transparency and fairness for all students.

ASSESSMENTS AND ACTIVITIES DESCRIPTION

These are brief descriptions of the various assessments in the course. For a more detailed description, go to the course timeline and select the specific assignment.

Quizzes

There are weekly online quizzes during the term to help you assess your knowledge and understanding of course topics, as well as to keep you on track with course readings. Each quiz consists of 10 multiple-choice questions related to the textbook readings, case studies and online material. Quizzes will be released on Sunday morning at 9, and you have until Monday at midnight to complete them. You will receive 10 multiple choice questions and will have 30 minutes to complete the quiz. You will only be allowed one attempt so make sure you are prepared and have sufficient time to complete the assignment. Quizzes are open book, but you don't have sufficient time to look up all the answers, so it is strongly recommended you complete the reading prior to beginning the quiz Your lowest two quiz scores will be dropped. Students will receive feedback on how they did, but correct answers cannot be released, as we have limited questions and have had problems with answers being passed from year to year.

Case Study Assignments

All of the information about your case study assignments can be found here.

The aim of these assignments is to approximate how a Clinical Psychologist gathers and organizes information from a client, and how they use science and theory to conceptualize the patient's symptoms and come up with a treatment plan.

The assignments are cumulative in nature: In the first assignment you will write a short case summary where you will provide a preliminary diagnosis, summarizing the symptoms that led to your diagnosis (or ruled out other diagnoses) and the information that still needs to be gathered.

In the second assignment you will provide a similar case summary, but will add an empirically supported treatment plan.

In the third and fourth assignments, you will again provide a case summary and treatment plan, but will add a theoretical "case conceptualization" where you outline the theoretical orientation that you have used to understand the etiology of the patient's symptoms and develop your treatment plan.

PROCTORED EXAMS

Proctored Exams

Location

Students enrolled exclusively in online courses will have two options to write their proctored exams:

- 1. You may choose to write your exam(s) online using Examity proctoring services where you will be charged the additional \$100 exam fee to your Solus account;
- 2. You may choose to write your exam(s) in-person on Queen's campus in Kingston where you will NOT be charged the additional \$100 exam fee

Students enrolled in at least one on-campus course are expected to write all their exams on-campus during the scheduled exam time.

Remote Proctoring (if applicable)

Selected assessments in this course will use remote proctoring provided by Examity, which is a third-party, cloud-based service that enables the completion of a proctored exam or test from an off-campus location, through on Q. This cloud-based proctoring solution was chosen as part of the approach to maintaining academic integrity when remote proctoring is required. Queen's has conducted an extensive privacy and security review of Examity and has entered into a binding agreement with terms that address the appropriate collection, use and disclosure of personal information in accordance with Ontario's privacy legislation. You should also take measures yourself to protect your information by keeping your NetID password and challenge questions private, closing all applications prior to starting an exam/test, and ensuring your device is updated and safeguarded against malware. For more information about remote proctoring, please see http://www.queensu.ca/registrar/students/examinations/exams-office-services/remote-proctoring

If you registered to write online with Examity, all information pertaining to the technical requirements and preparation for writing online with Examity will be posted in onQ well in advance of your exam.

In order to become familiar with the authentication process and test out your technology, you will have a chance to take practice test to help prepare you for your proctored exam via Examity. There is no need to study for this test; it will focus on your general Queen's trivia knowledge and will not count towards your course grade. The questions provided are merely to help you test and potentially troubleshoot your system in advance of your exam.

Timing of Final Examinations

Once the exam schedule has been finalized the exam date will be posted on your SOLUS account. The exam dates for each Term are listed on the Faculty of Arts and Science webpage under "Important Dates." Student exam schedules for the Fall Term are posted via SOLUS immediately prior to the Thanksgiving holiday; for the Winter Term they are posted on the Friday before Reading Week, and for the Summer Term they are individually noted on the Arts and Science Online syllabi. Students should delay finalizing any travel plans until after the examination schedule has been posted. Exams will not be moved or deferred to accommodate employment, travel/holiday plans or flight reservations. For more information regarding what is considered extenuating circumstances and qualifications for Academic Consideration, please visit https://www.queensu.ca/artsci/undergrad-students/student-services/academic-consideration-for-students or email asc.consideration@queensu.ca.

GRADING

All components of this course will receive numerical percentage marks. The final grade you receive for the course will be derived by converting your numerical course average to a letter grade according to Queen's Official Grade Conversion Scale:

Queen's Official Grade Conversion Scale

Grade	Numerical Course Average (Range)	
A+	90-100	
Α	85-89	
A-	80-84	
B+	77-79	
В	73-76	
B-	70-72	
C+	67-69	
С	63-66	
C-	60-62	
D+	57-59	
D	53-56	
D-	50-52	
F	49 and below	

We will accept papers that are over the word count, but there are penalties, as follows: There will be a small penalty (2% of your final grade) for being <10% over (e.g. 20 words for a 200 word assignment, 75 for a 750 etc.). Anything >10% (e.g. >220 words for a 200 word assignment, >825 for a 750 etc.) will not be read. This could substantially affect your mark, especially if there's critical information contained in the "overage" section. So be succinct!

EQUITY, DIVERSITY, AND INCLUSIVITY STATEMENT

Queen's University recognizes that the values of equity and diversity are vital to and in harmony with its educational mission and standards of excellence. It acknowledges that direct, indirect and systemic discrimination exists within our institutional structures, policies and practices and in our community. These take many forms and work to differentially advantage and disadvantage persons across social identities such as race, ethnicity, disability, gender identity, sexual orientation, faith and socioeconomic status, among other examples. In this class I will work to promote an anti-discriminatory, anti-racist and accountable environment where everyone feels welcome. Students in this class are encouraged to participate during class discussions and to support others in their participation. Because the class will represent a diversity of individuals, beliefs, backgrounds, and experiences, every member of this class is asked to show respect for every other member.

Knowing and applying students' names and pronouns is a crucial part of developing a productive learning environment that fosters safety, inclusion, and personal dignity. This is an important part of the inclusion work here at Queen's

If you wish to change how your name appears in onQ and on class lists, please follow these steps. You may also use this process to add your pronouns to the appearance of your name.

- 1. Log into SOLUS.
- 2. Click on Personal Information tab.
- 3. Click on the Names tab
- 4. Click on the Add New Name tab
- 5. Choose Preferred from the Name Type drop down menu
- 6. Enter your preferred name.
- 7. Click Save.

Please allow 24 to 48 hours for your preferred name to be registered within the system. If you have further questions or concerns please contact ITS at Queen's University.

COURSE ANNOUNCEMENTS

Throughout the course, I encourage you to routinely check the Announcements section of the course homepage. I encourage you to actively check the course on Q main page for course announcements throughout the semester for reminders and additional course information or learning opportunities.

CONTACTING THE TEACHING TEAM

The teaching team contact information is located on the Homepage of the course (see "Teaching Team").

Your first port of call for questions are the Discussion Forums. Discussion forums are the first port of call because other students may have similar questions (or the question has already been answered there) and everyone can benefit. This also saves the teaching team from answering the same email repeatedly.

There are two different discussion forums. If you have a question about course content (e.g. material on the reading list, or questions stemming from it), post these on the "Course Content Questions" forum. If you have a question about how the course runs (e.g. the syllabus, grading etc.), post these on the "Administrative Course Questions" forum. Feel free to help answer your peers' questions on this forum. The teaching team will monitor this discussion forum and answer questions. Most questions are answered within 24 hours. Any other questions that you would prefer to share privately, please contact me or your TA at one of the emails listed at the top of this syllabus. The teaching team contact information is located on the homepage of the course. Questions that are better suited for the Discussion Forums (i.e. not private in nature, where answers might benefit others) will be redirected there.

COURSE FEEDBACK

At various points during the course, I may ask you to take part in a variety of feedback activities, such as surveys and questionnaires. This feedback enables my teaching team and me to make any adjustments necessary to improve your learning environment. Additional feedback may be requested throughout the course. All surveys are anonymous and are directly related to activities, assessments, and other course material.

NOTICE OF RECORDING

Synchronous (live) classes will be delivered in this course through Zoom and/or Teams, video conferencing platforms supported by the University. Steps have been taken by the University to configure these platforms in a secure manner. Classes will be recorded with video and audio (and, in some cases, transcription) and will be made available to students in the course for the duration of the term. The recordings may capture your name, image or voice through the video and audio recordings. By attending these live classes, you are consenting to the collection of this information for the purposes of administering the class and associated coursework. If you are concerned about the collection of your name and other personal information in the class, please contact the course instructor to identify possible alternatives.

To learn more about how your personal information is collected, used and disclosed by Queen's University, please see the Notice of Collection, Use and Disclosure of Personal Information.

NETIQUETTE

In any course you often communicate with your peers and teaching team through electronic communication. You are expected to use the utmost respect in your dealings with your colleagues or when participating in activities, discussions, and online communication.

Here is a list of netiquette guidelines. Please read them carefully and use them to guide your communication in this course and beyond.

- 1. Make a personal commitment to learn about, understand, and support your peers.
- 2. Assume the best of others and expect the best of them.
- 3. Acknowledge the impact of oppression on the lives of other people and make sure your writing is respectful and inclusive.
- 4. Recognize and value the experiences, abilities, and knowledge each person brings.
- 5. Pay close attention to what your peers write before you respond. Think through and re-read your writings before you post or send them to others.
- 6. It's ok to disagree with ideas, but do not make personal attacks.
- 7. Be open to being challenged or confronted on your ideas and to challenging others with the intent of facilitating growth. Do not demean or embarrass others.

8. Encourage others to develop and share their ideas.

This is an online course, with a high enrollment. To ensure that everyone is treated as fairly and respectfully as possible and that this course is a positive experience for everyone involved, we provide the following guidelines.

CIVILITY

Online forums have many advantages, but one disadvantage we frequently see on social media, online chat rooms and discussion boards is that people forget they are talking to an actual person and do not communicate with the civility and respect they would normally use. The same can happen with online courses. Even though the course has high enrolment, we will do our best to treat you as more than a student number/email address. We ask you to treat the teaching team and your peers with the same respect. Prior to sending correspondence in discussion forums or via email, ask yourself if you would communicate with the person in the same way if you were speaking face to face. If you are in doubt about whether your correspondence is civil and productive, consider saving it as a draft and re-reading it the next day to decide whether it could be modified to make it more productive.

- Abusive or demeaning language will not be tolerated.
- Questioning the competence or professionalism of the teaching team will not be tolerated. This is particularly true of the TAs. Like you, TAs are completing a degree and have many competing responsibilities, both personal and professional. They are responsible for marking and providing feedback for a LOT of assignments and generally work more hours than they are paid for. Be respectful: It's better for everyone if disagreements can be resolved in a professional and productive manner.

If in doubt, here are some additional guidelines for online communication:

https://www.queensu.ca/studentconductoffice/resources/general-conduct-resources/online-etiquette

https://www.memphis.edu/fcbe/students/netiquette.php

QUEEN'S EMAIL

The university communicates with students via Queen's email. Please check your email regularly to ensure you do not miss important information related to your course.

COPYRIGHT

Course materials created by the course instructor, including all slides, presentations, handouts, tests, exams, and other similar course materials, are the intellectual property of the instructor. It is a departure from academic integrity to distribute, publicly post, sell or otherwise disseminate an instructor's course materials or to provide an instructor's course materials to anyone else for distribution, posting, sale or other means of dissemination, without the instructor's express consent.

A student who engages in such conduct may be subject to penalty for a departure from academic integrity and may also face adverse legal consequences for infringement of intellectual property rights. PSYC 236. PSYC 236.

ACADEMIC ACCOMMODATIONS

Queen's University is committed to achieving full accessibility for persons with disabilities. Part of this commitment includes arranging academic accommodations for students with disabilities to ensure they have an equitable opportunity to participate in all of their academic activities.

The Senate Policy for Accommodations for Students with Disabilities was approved at Senate in November 2016. If you are a student with a disability and think you may need accommodations, you are strongly encouraged to contact the Queen's Student Accessibility Services (QSAS) and register as early as possible. For more information, please visit the QSAS website.

Students with course accommodations should add their information to Ventus using the widget located on the course homepage.

ACADEMIC CONSIDERATIONS FOR STUDENTS IN EXTENUATING CIRCUMSTANCES

Academic consideration is a process for the university community to provide a compassionate response to assist students experiencing unforeseen, short-term extenuating circumstances that may impact or impede a student's ability to complete their academics. This may include but is not limited to,

- short-term physical or mental health issues (e.g., stomach flu, pneumonia, COVID diagnosis, vaccination, etc.),
- responses to traumatic events (e.g., death of a loved one, divorce, sexual assault, social injustice, etc.),
- requirements by law or public health authorities (e.g., court date, isolation due to COVID exposure, etc.).

Queen's University is committed to providing academic consideration to students experiencing extenuating circumstances. For more information, please see the Senate Policy on Academic Consideration for Students in Extenuating Circumstances.

Each Faculty has developed a protocol to provide a consistent and equitable approach in dealing with requests for academic consideration for students facing extenuating circumstances. For more information, undergraduate students in the Faculty of Arts and Sciences should consult the Faculty's webpage on Academic Consideration in Extenuating Circumstances and submit a request via the Academic Consideration Request Portal. Students in other Faculties and Schools who are enrolled in this course should refer to the protocol for their home Faculty.

Students are encouraged to submit requests as soon as the need becomes apparent and to contact their instructor and/or course coordinator as soon as possible once Academic Consideration has been granted. Any delay in contact may limit the options available for Academic Consideration.

For more information on the Academic Consideration process, what is and is not an extenuating circumstance, and to submit an Academic Consideration request, please see the Faculty of Arts and Science Academic Consideration website. ASO courses include links to information on **Academic Accommodation** on your **Course Homepage** in onQ.

Please see the Teaching Team page for all contact information regarding Academic Accommodations and Considerations.

ACADEMIC INTEGRITY

Queen's students, faculty, administrators and staff all have responsibilities for upholding the fundamental values of academic integrity: honesty, trust, fairness, respect, responsibility and courage. These values are central to the building, nurturing and sustaining of an academic community in which all members of the community will thrive. Adherence to the values expressed through academic integrity forms a foundation for the "freedom of inquiry and exchange of ideas" essential to the intellectual life of the University (see the Senate Report on Principles and Priorities).

Students are responsible for familiarizing themselves with the regulations concerning academic integrity and for ensuring that their assignments and their behaviour conform to the principles of academic integrity. Information on academic integrity is available in the Arts and Science Calendar (see Academic Regulation 1), on the Arts and Science website, and from the instructor of this course. Departures from academic integrity include plagiarism, use of unauthorized materials, facilitation, forgery and falsification, and are antithetical to the development of an academic community at Queen's. Given the seriousness of these matters, actions which contravene the regulation on academic integrity carry sanctions that can range from a warning or the loss of grades on an assignment to the failure of a course to a requirement to withdraw from the university.

You may benefit from visiting these websites for further tips on what constitutes plagiarism and how to avoid it.

- Avoiding Plagiarism: Paraphrasing
- Quoting and Paraphrasing

TURNITIN STATEMENT

This course makes use of Turnitin, a third-party application that helps maintain standards of excellence in academic integrity. Normally, students will be required to submit their course assignments through onQ to Turnitin. In doing so, students' work will be included as source documents in the Turnitin reference database, where they will be used solely for the purpose of detecting plagiarism.

Turnitin is a suite of tools that provide instructors with information about the authenticity of submitted work and facilitates the process of grading. Turnitin compares submitted files against its extensive database of content, and produces a similarity report and a similarity score for each assignment. A similarity score is the percentage of a document that is similar to content held within the database. Turnitin does not determine if an instance of plagiarism has occurred. Instead, it gives instructors the information they need to determine the authenticity of work as a part of a larger process.

Please read Turnitin's Privacy Pledge, Privacy Policy, and Terms of Service, which governs users' relationship with Turnitin. Also, please note that Turnitin uses cookies and other tracking technologies; however, in its service contract with Queen's Turnitin has agreed that neither Turnitin nor its third-party partners will use data collected through cookies or other tracking technologies for marketing or advertising purposes. For further information about how you can exercise control over cookies, see Turnitin's Privacy Policy.

Turnitin may provide other services that are not connected to the purpose for which Queen's University has engaged Turnitin. Your independent use of Turnitin's other services is subject solely to Turnitin's Terms of Service and Privacy Policy, and Queen's University has no liability for any independent interaction you choose to have with Turnitin.

As a student, you have the right to opt out of Turnitin. You must notify the instructor by the end of Week 3 of the term, and make arrangements for additional work or alternative strategies to ensure the integrity of the work. In such instances, the instructor is still expected to ensure the integrity of your work.

COMPUTER REQUIREMENTS

Please note that mobile devices are not recommended for the course as they cause several known issues in onQ.

Computer Specifications

- Windows 8.1 or newer
- OS X 10.13 (High Sierra) or newer
- Dual Core 2 GHz processor
- 4 GB RAM
- Soundcard
- USB headset
- Webcam

Java

Latest version

Supported Browsers

- Chrome (preferred latest version)
- Firefox (latest version)
- Safari is not recommended as it causes several known issues in onQ
- Edge is not recommended as it causes several known issues in onQ

Media Player

• HTML5 compatible

Internet Connection

- Wired high speed access:
 Cable or better
- Wifi is not recommended
- A minimum download speed of 10 Mbps and up to 20 Mbps for multimedia is recommended
- Click here for an Internet speed test

Adobe Reader

Latest Version

STUDENTS STUDYING OR TRAVELLING ABROAD

If you plan to travel, we strongly recommend that you confirm Internet availability in your host country prior to departure. In the past, students in other countries have been blocked from accessing certain websites relevant to their courses, as well as onQ. It is the responsibility of all students to book travel around course work, as we cannot change the format or timing on assessments or assignments as a result of travel plans.