

# Zara Luck

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## Education

*Candidate for Bachelor of Science Honours (Specialization in Biology and Psychology)*

- Queen's University Class of 2024
- GPA 3.62

*Ontario Secondary School Diploma*

- The Bishop Strachan School, 2020

## Work Experience

*Barista*

- Starbucks (Queen's University Campus) – fall 2021 to spring 2022
- Acquired valuable experience working in a high-stress customer-facing environment; used many problem-solving and multitasking skills to ensure high level of customer satisfaction

*Camp Counsellor*

- Upper Canada College Summer Camps - summer 2019; hired summer 2020; offered hire-back summer 2021
- Worked with and created games for young children ages 4-7; gained interpersonal experience collaborating with others to create a welcoming environment

*Ski Instructor*

- Uplands Ski and Golf - winter 2019
- Taught ski skills to children aged 4 to 12; learned how to take initiative and gained problem-solving experience in a leadership position

## Other Experience

*Research Assistant in the Relationships, Emotions, and Depression in Youth Lab at Queen's University*

- Fall 2022 – Spring 2023
  - Conducted research in the area of loneliness and social network size in young adults for research credit
  - As a volunteer, assisted in research study on post-graduate programs in psychotherapies; communicated with program coordinators throughout the United States about study survey
- Summer 2023
  - Trained other research assistants for lab tasks
  - Conducted orientations for participants in lab concerning emotion regulation in emerging adults

*Research Assistant in the Sexuality and Gender Lab at Queen's University*

- Fall 2024 – Present

*Volunteer Coach, Junior Swim Team*

- Fall session 2018 and 2019

## Achievements

*Head's List*

- Awarded to high school students with an average of 90% or higher - 2018, 2020

*Honour Roll*

- Awarded to high school students with an average of 80% or higher - 2017, 2019

*Ontario Federation of School Athletic Associations (swimming)*

- Qualified for and participated in province-wide swim meet for all Ontario schools - 2018, 2019

## Certifications

*Canadian Ski Instructor Alliance (CSIA)*

- Completed CSIA Level 1 Ski Instructor Qualification, Collingwood, Ontario - December 2018

*Ontario Smart Serve*

- Achieved in May 2021

*TCPS2 Core Ethics Certificate*

- Achieved in September 2022